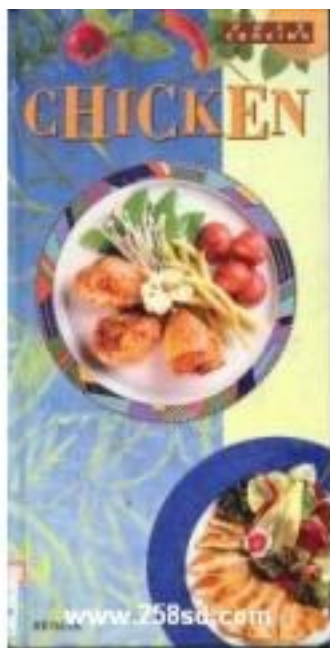


Chicken Easy Cooking



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CHICKEN
Chicken is an all-time family favorite. And because it is inexpensive and low in fat and calories it is the perfect choice for the budget-minded and health-conscious cook. But as the great chefs know, chicken is also one of the most versatile of meats. This little book contains a tantalizing selection of chicken recipes ranging from the quick and simple to the exotic and elegant. As an added bonus you'll find easy step-by-step methods for cutting up whole chickens and boning chicken breasts - money-saving techniques that every good cook should master. With this kind of variety your family may insist on chicken several times a week!

作者介绍:

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