

# Illusion in Loving



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Prelude to a Primary Illusion  
A quality of chaos appears to permeate the realms of private and public relationship today. The current cultural climate of permissiveness is drastically modifying the manners and morals of love and sex. Two seemingly contradictory trends are flourishing among both men and women: an inclination toward instant intimacy and simultaneously toward narcissistic self-centeredness. Expressions of closeness which until recently signified a depth and duration of familiarity and commitment now are offered easily and accepted or rejected casually. No promises of love or of continuity are initially given or expected; explicit disavowals of deep or permanent feelings are considered as protection for the still private individualities. Each person also claims and proclaims the need for the wish and the right to be apart and alone and to pursue separate interests and goals serious or whimsical. The co-existence of both forms of indulgence in connectedness and in autonomy can be confounding to both the moralistic pessimists and the innocent optimists amongst us. When is the chaos malignant and when may it be benign? Even our various professions of scientific psychotherapy are having difficulties attending to and understanding these new human data without bias. Yet this very co-existence of two seemingly opposed dimensions instant intimacy and automatic

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