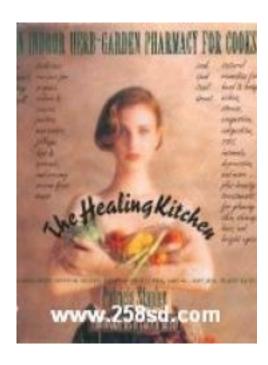
## The Healing Kitchen: An Indoor Herb-Garden Pharmacy for Cooks



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著者:

出版者:

出版时间:

装帧:

isbn:9780028603940

~~t~obuctio~<br > Welcome to my healing kitchen. In curly chervil garlic chives, dill. Fren<br > the next few pages, I d like to share lavender, ginger, Italian parsley, lem<br > some general information balm, lemon verbel<br > on the botanicali, culinary, sweet marjoram, mizu<br > and therapeuiic benefits of peppermint, nasturtiu<br > homegrown herbs to help rosemary, sage, and thy<br > I<br > you get started making ] -- are all cooperat<br > your own indoor herb] houseplants, inheren<br > garden as healthy and useful as it is aromatic, flush with flavor, and effe~<br > beauiifui. The sixteen herbs showcased healers. Each herb is highlighted<br > in The Healing Kitchen -- sweet basili, three-parti¼Œ

stand-alone chapter of 
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