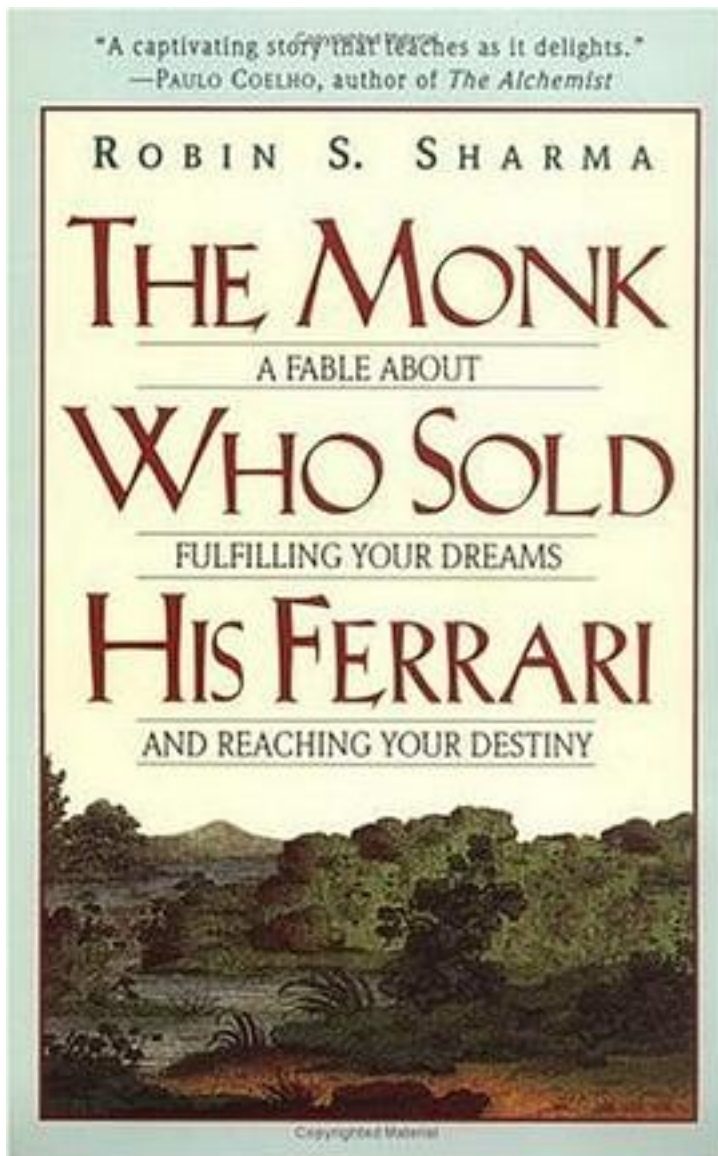


The Monk Who Sold His Ferrari



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著者:Robin S. Sharma

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An internationally bestselling fable about a spiritual journey, littered with powerful life lessons that teach us how to abandon consumerism in order to embrace destiny, live life to the full and discover joy. This inspiring tale is based on the author's own search for life's true purpose, providing a step-by-step approach to living with greater courage, balance, abundance and joy. It tells the story of Julian Mantle, a lawyer forced to confront the spiritual crisis of his out-of-balance life: following a heart attack, he decides to sell all his beloved possessions and trek to India. On a life-changing odyssey to an ancient culture, he meets Himalayan gurus who offer powerful, wise and practical lessons that teach us to:- Develop joyful thoughts - Follow our life's mission - Cultivate self-discipline and act courageously - Value time as our most important commodity - Nourish our relationships - Live fully, one day at a time

作者介绍:

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标签

英文原版

心灵

评论

"I have had dreams and I have had nightmares . I overcame the nightmares because of my dreams." - "The Monk Who Sold His Ferrari" by Robin Sharma. PS: This book is like a brilliant lesson, which tells about the seven timeless virtues of Enlightened Living. It keeps me thinking while I'm reading. I think it is far-reaching.

看完4章，觉得描写得太玄乎了。全看完之后发现正如书中所说的，他把一系列的常识强调了一遍，不过有些实在是自相矛盾啊。anyway，还是值得看的

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书评

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