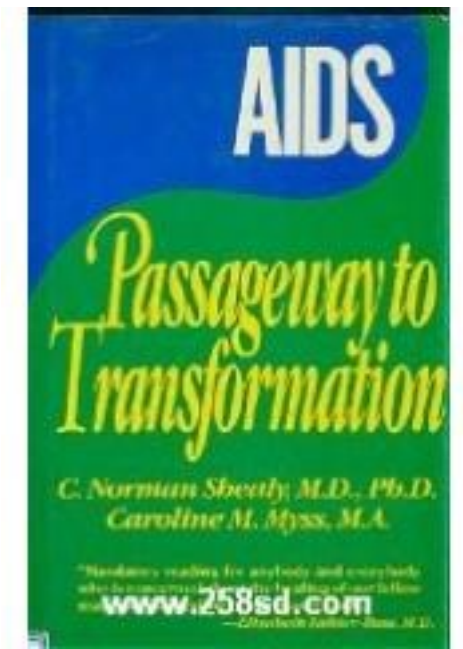


The Bohemian Grove and Other Retreats



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FOREWORD
As this century winds down¼ medicine as we know it is¼ being redefined. This may be inapparent to those persons¼ within and without the profession who remain focused on¼ the traditional concepts of disease and therapy. But for those¼ who can catch the main drifts¼ it is clear that our medical world¼ can never be the same. It is not¼ and can never be¼ business¼ as usual.¼ This work by Shealy and Myss is a part of the emerging¼ model of humans. If there is a single¼ dominant feature of¼ this new view¼ it is this: consciousness-whatever we may¼ mean by that term-matters. It matters greatly~ not just in¼ trivial¼ relatively inconsequential ways¼ as many psychosomatic¼ theorists have maintained. It is no exaggeration to say that¼ one's state of mind not only contributes to health and illness;¼ it can be a matter

of life and death.
 This fact is most vividly dramatized in the area of cardio-
vascular medicine¼ which life-threatening events can occur
within seconds. In other areas the effects of the mind work
more slowly-as in the immune system¼ which is the territory
being explored by Shealy and Myss. Because of the larger time
scales involved¼ which may be on the order of months or even
years¼ and because¼ also¼ of the astounding number of in-
termediary variables involved¼ such as whole families of im-
mune cells¼ microorganisms¼ antigens and antibodies¼ and
hormones¼ the effects of the human mind may seem dwarfed
or completely overshadowed. But they are there if we look
in astute ways. And in immune-related disorders the effects
of mind¼ too¼ may be a matter of life or death.

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