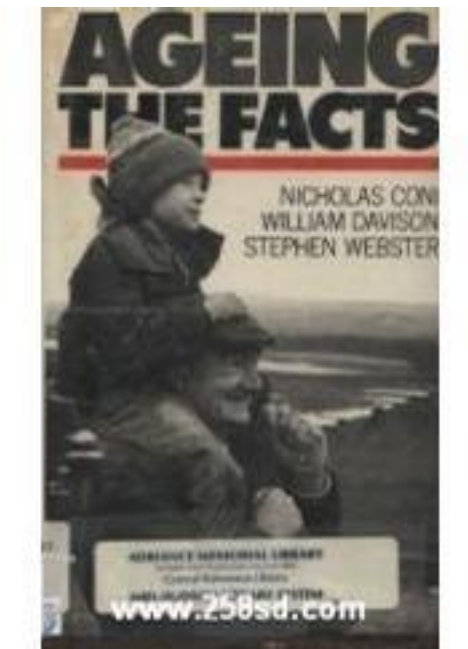


Aging: The Facts



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Book Description This lively and encouraging book concentrates on the positive aspects of growing old. In this thoroughly revised and updated edition, the authors concentrate on the positive aspects of ageing. In addition to a discussion of the social and medical problems associated with old age, the book contains new material on the potential of the elderly for creativity and achievement, keeping healthy and independent, community and institutional arrangements for the old, and coping with death and bereavement. Accessible and authoritative, this is an essential book for all elderly people and those who care for them. --This text refers to the Hardcover edition.

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