

Letters from Women Who Love Too Much: A Closer Look at Relationship Addiction and Recovery



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The letters in this book really do exist, and each is quoted by permission of its author. Many of those whose letters are used herein have expressed gratitude for what they have received from reading WWL2M. These thanks, while gratefully

acknowledged here, have been consistently edited out to avoid redundancy for the reader. Some further editing has been done for the sake of clarity and conciseness as well as to protect each author's identity.

The letters and responses have, of necessity, been sorted into chapters dealing with specific subjects. However, many of the letters contain multiple questions and problems. Since diseases of addiction, including relationship addiction, tend to overlap in real life, they do so in the letters as well. For instance, the topics of alcoholism and coalcoholism, sexual addiction, incest, compulsive eating and recovery may all be addressed in one letter. Thus any arbitrary sorting of these letters is just that--arbitrary. For this reason, do not expect the content of each letter to be either as narrow or as unequivocal as the chapter headings might suggest.

In answering each letter, I am drawing on fifteen years experience in the field of addiction and nearly a lifetime of loving

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