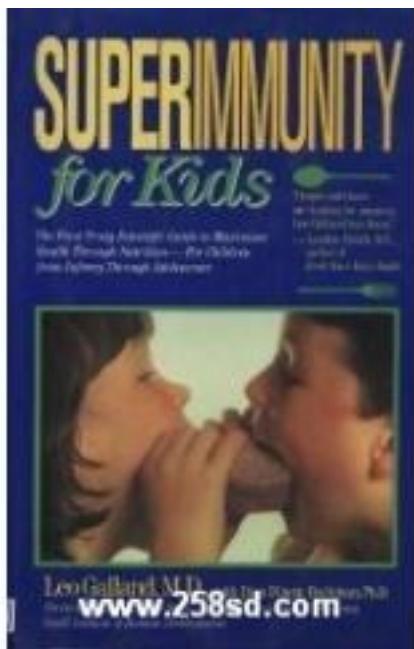


# Superimmunity Kids



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I am proud to write the Foreword to this distinguished book because I consider it to represent the wave of the future. Certainly it is a clarion call for better nutrition for all our children. I truly believe that if even a modest portion of the people in this country would follow its suggestions we would have a healthier and happier population. Parents today are aware that the food a child eats influences not only his health but his behavior. They are increasingly concerned about eating but in a different way from previous generations. In the past parents worried chiefly about how much a child ate; now they are interested in what he eats. This book provides the newest and most detailed specific comprehensive and authoritative information yet available on nutrition for children. Not only does it clear up parents' confusion about the best diet for

their child but it also explains when and how to use nutritional supplements sensibly to give a child's body the extra boost it needs for maximum health. With increasing threats to their well-being from chemicals in the water and pesticides on fruits and vegetables and other pollutants children today need all the protection they can get. This unusual book will help you provide that protection.

作者介绍:

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