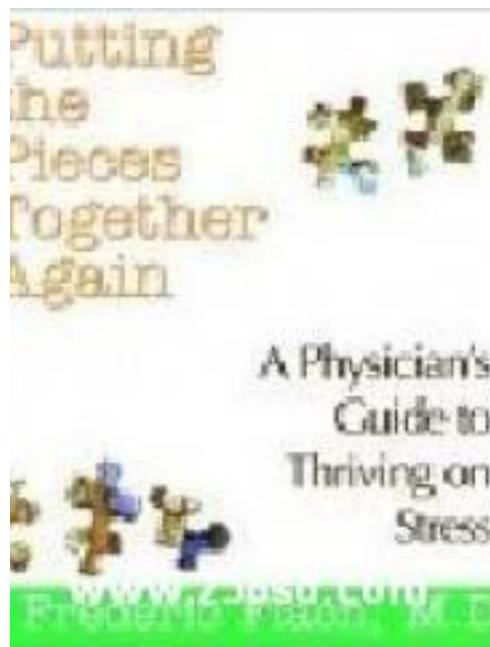


Putting the Pieces Together Again



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Midwest Book Review Can stress in daily lives actually enhance the creative process? Dr. Flach here tells how to thrive on stress through understanding the recovery process and how it unlocks creativity. Enjoy a very different perspective on stress and its ultimate results. --This text refers to the Audio Cassette edition. New York Daily News [This book] is considerably more than your average pop psychology treatise, " or what some have dubbed "pulp psychology." See all Editorial Reviews

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