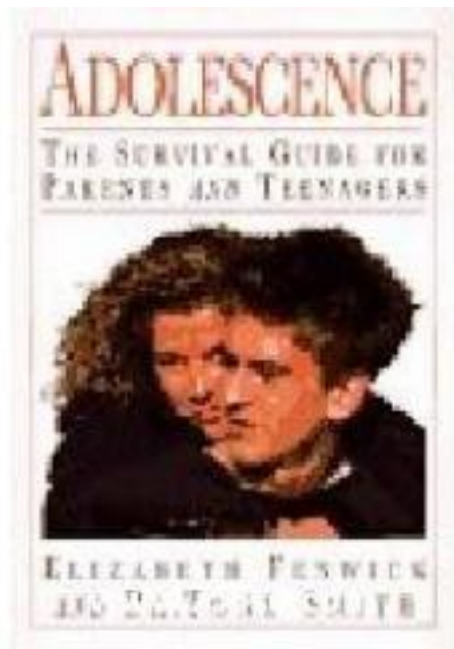


# Adolescence



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著者:

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PHYSICAL DEVELOPMENT  
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Adrian Molei~ Aged 13%<br> )11:%( l:N(F. ?PiN~ TI|E YEARS between pubertyi~  
when the secondary<br> j~ sexual c harac teristics start to appeari~ and 1 {qi~  
the age oi legal aduhhood. The term<br> \"adolc~i~ccnt\" ~s not one oi pinpoint  
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umcthl under the "teenager" Although rates of development  
differ, the patterns are the same This first part of the book looks at these  
patterns and the impact of the adolescent and the family of each of  
these milestones. It happens that the most obvious sign that a child has become  
an adolescent is that he or she starts to tip in height. At the peak of  
this growth spurt a boy may gain as much as 10 cm in 12  
months so that between his 11th and 14th birthdays he grows out all his  
clothes. It is important to realize, however, that emotional and  
physical development always go hand in hand. A child who is  
physically well developed is more capable of acting in a more  
"grown-up" way than one who at the same time is physically less  
developed. Typically ill developed countries have the longest growth at the  
age of 10 years and reach their year of fastest growth at the age of 10  
years later but their peak growth rate is the same

作者介绍:

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