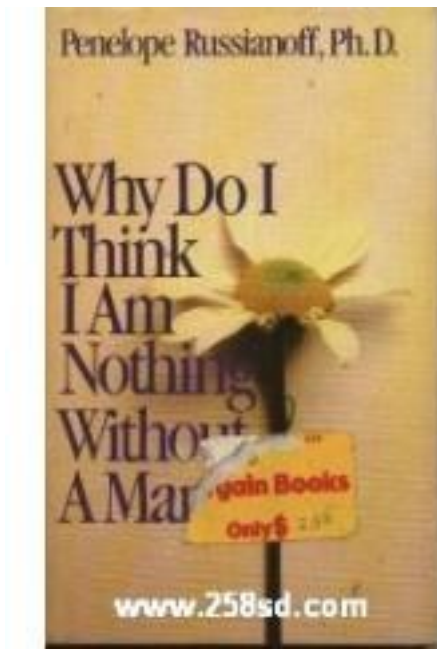


Why Do I Think I Am Nothing Without a Man?



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著者:Penelope Russianoff

出版者:Bantam Books

出版时间:1982

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Discovering the security of selfhood

"My purpose is not to knock the joys of love
and the rewards of marriage of living with a man.
I am happily married. I...feel that
a good, solid, profound relationship with a man
is something to which a woman might well

aspire-but not to the exclusion of all else,
not at the expense of her selfhood.

The purpose of this book is to help women find
out what 'all else' is, to develop
'selfhood', 'to feel good about themselves
as people', and to get the most
out of their professional, social, and personal
lives-without overreliance on men...."

-PENELOPE RUSSIANOFF, PH.D.

Through candid profiles of the women Dr. Russianoff has treated, as well as her own
personal experience, WHY DO I THINK I AM NOTHING WITHOUT A MAN? offers a warm,
straightforward and insightful advice on:

- Becoming sexually independent
- Becoming more supportive of yourself, emotionally and financially
- Learning to love being alone (if situation arises)
- How a woman-or a man-can be woman's best friend

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