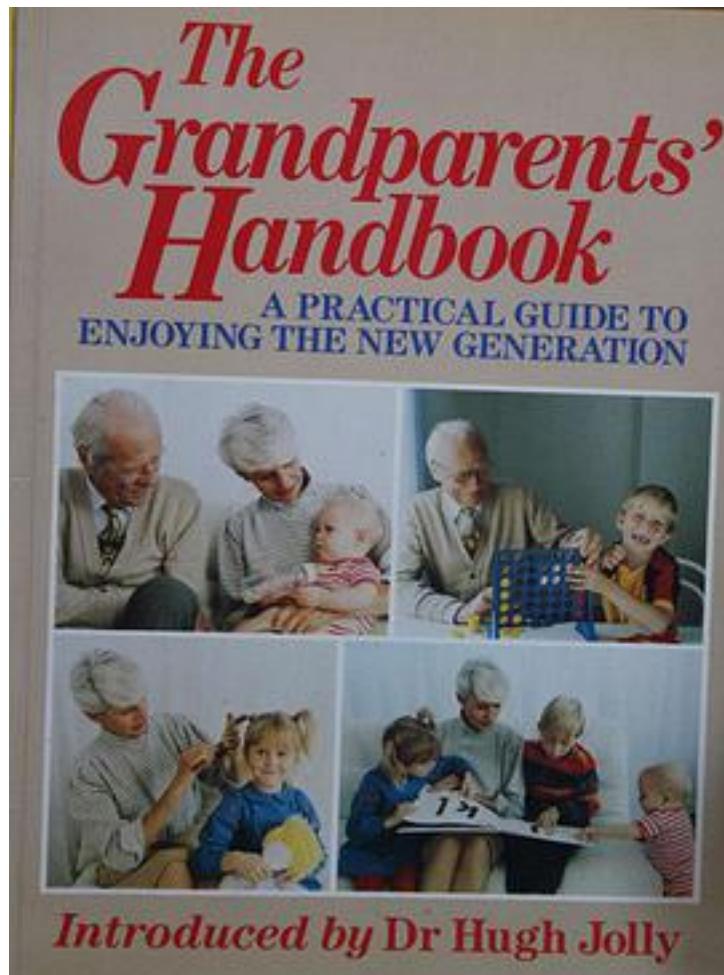


The Grandparents Handbook Winston family handbooks



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著者: Hugh Jolly

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Foreword
The chances are that for most new grandparents it has been
some twenty years at least since they last handled a baby
looked after a toddler
or played regularly with a small
child. That's why The Grandparents Handbook was
conceived not only to provide an invaluable revision course
in infant care but also to offer suggestions as to games
meals
outings
and treats to be enjoyed with the new
generation. For the grandparent does indeed have an
all-important role to play within the family circle.
Dr. Hugh Joll the eminent British pediatrician
whose
books on child care have guided so many parents over the
years
has contributed a major section to The Grandparents Handbook. In it
he explores the nature of the grandparent
- grandchild relationship
explains various new
developments in child care theory (while debunking some
old wives tales)
and takes the reader through the basic
principles of such everyday essentials as feeding
carrying
bathing
and changing.
Other sections are devoted to a wise choice of toys for
the growing child
how best to look after your grandchild
when he is sick
making a family tree
and first aid and
safety in the home. Learn something
too
from The Grandparent Game on pages 78-79. This has been designed
as an instructive entertainment in its own right. You are
bound to make a few mistakes in the game ; most
grandparents will. What is important is to benefit from
experience
to foresee potential problem areas
and to learn
how to cope with family frictions
should they arise.
Throughout The Grandparents Handbook you will find
that our contributors refer in the main to the grandchild as
he . This
the publishers would like to emphasize
has
merely been chosen as a convenient pronoun.
Congratulations on becoming a grandparent? It is a
natural role but one that inevitably requires some working
at. The publishers hope that grandmothers and grandfathers
will find many useful hints on the pages that follow.

作者介绍:

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