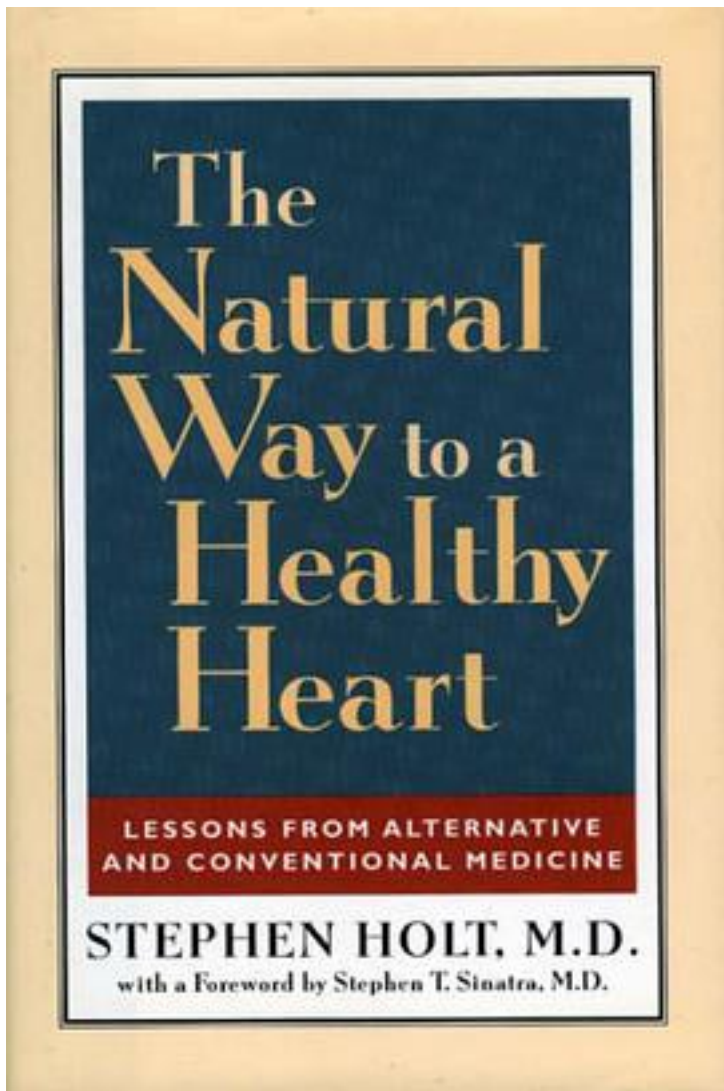


The Natural Way to a Healthy Heart



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Explores the mind/body connection in relation to our most critical muscle, and how keeping it strong impacts our entire lives. This 'pluralistic' medicine involves the conventional, alternative, and treatments defying classification.

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目录:

[The Natural Way to a Healthy Heart_ 下载链接1_](#)

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