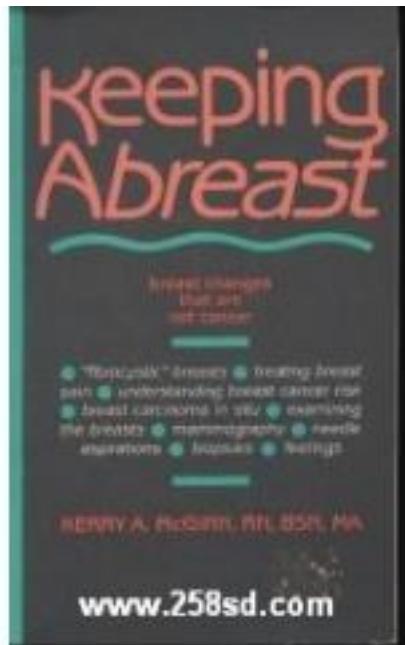


Keeping Abreast



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This book happened because I was worried and bewildered about changes in my own breasts. As I talked to other women, I found that many of them shared my concerns~and that few of them were getting the answers they needed. I was fortunate enough to discover the Breast Health Center at Children's Hospital of San Francisco. They helped me and then agreed to collaborate on a book to share their information and practical counsel with women everywhere. This book is not about breast cancer. It's about all the breast changes that aren't breast cancer from the most innocent general lumpiness through breast carcinoma in situ (noninvasive breast carcinoma)~a topic of special interest to the breast team at Children's Hospital. (Doctors still disagree on whether breast carcinoma in situ is properly classified as the last

stage in a continuum of benign breast changes or
as an early cancer.)
 My thanks go to the members (current and for-
mer) of the breast health team at Children's Hospital:
Cathy Coleman, R.N., nurse specialist; Patricia T. Kelly, Ph.D., medical geneticist; Michael D. Lagios, M.D., pathologist; Frederick Margolin, M.D., radiologist; Pat Kizpolski McCarthy, R.N., MSN, oncology nurse consultant; Jon Rossi, M.D., pathologist; and
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