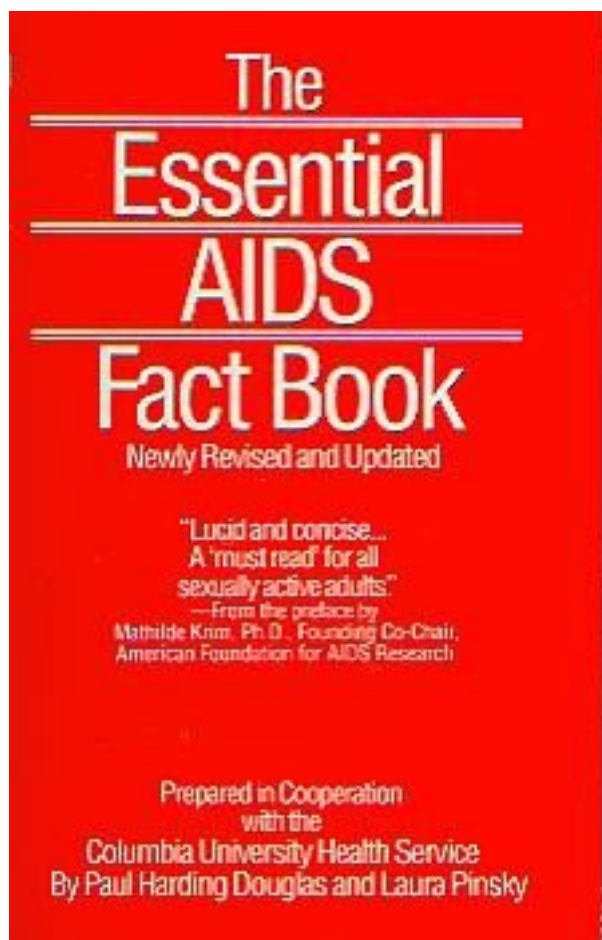


Essential AIDS Fact Book



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出版者:

出版时间:1991-1

装帧:

isbn:9780671731847

Review Richard Keeling, M.D. Chair, Task Force on AIDS, American College Health Association Outstanding -- the best available comprehensive information on AIDS for the general reader. --This text refers to the Paperback edition. Book Description AIDS

(Acquired ImmunoDeficiency Syndrome) is one of the most perplexing health problems confronting everyone today. The Essential AIDS Fact Book can help you to protect your health now -- while scientists work toward developing a vaccine and better treatments. TRANSMISSION ROUTES -- the infection that causes AIDS is transmitted only through the transfer of infected blood or sexual fluids, or from mother to fetus RISK REDUCTION GUIDELINES -- how to assess the risk of specific sexual activities; how to make your sex life safer, including proper use of condoms; what intravenous drug users should know about AIDS prevention THE TRUTH ABOUT CASUAL CONTACT -- no danger from ordinary nonsexual contact with infected people, according to scientific studies ANTIBODY TESTING -- why new developments in treatment mean that all those at significant risk for being infected should be anonymously antibody tested; why a positive test result is not the same as a diagnosis of AIDS; the importance of counseling NEW TREATMENTS -- how infected people can stay healthier longer; immune function monitoring with T4 cell counts; the most dangerous infection in AIDS is now preventable; use of antivirals can slow the disease INSURANCE AND LEGAL INFORMATION -- how to get and keep your health insurance; how to fight discrimination and preserve confidentiality RESOURCE GUIDE -- hot line numbers, AIDS education, counseling, anonymous testing sites, medical information, legal advice. A portion of the proceeds from this book will be contributed to AIDS education and research. --This text refers to the Paperback edition. See all Editorial Reviews

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