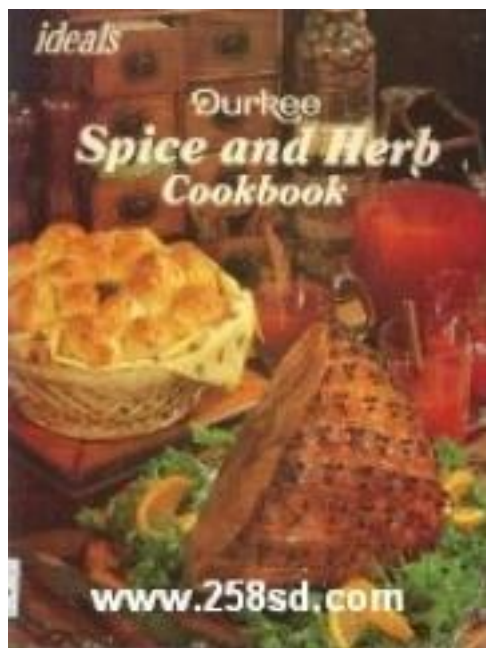


Ideals Durkee Spice and Herb Cookbook



[Ideals Durkee Spice and Herb Cookbook 下载链接1](#)

著者:

出版者:

出版时间:

装帧:

isbn:9780824930202

Todayi¼ across the United Statesi¼ there is a lively
 interest in spices and their uses. People every-
 where are experimenting with spices and happily
 discovering what delicious variety they bring to
 foods. The popularity of ethnic foods has in-
 creased the usage of colorful and exotic spices
 while interest in tasty diet foods has revealed the
 low-sodiumi¼ low-calorie and low-cholesterol vir-
 tues of spices.
 This fascination with spicesi¼ howeveri¼ is not
 new--it is centuries old. The same spices that we
 take for granted have greatly influenced history.
 When prehistoric man wrapped meat in leaves to
 keep it cleani¼ he discovered a means of seasoning
 food. Exactly where this first took placei¼ no one
 knowsi¼ for spices are native to many lands. Wars
 have been fought to acquire certain spices. The
 Queen of Sheba gave King Solomon

spices in
tribute to his great wisdom. Marco Polo returned
to Venice from the Orient with tales of sampling
ginger in Chinaï¼ cinnamon in Ceylonï¼ cloves and
nutmeg in Moluccai¼ and pepper in India. Colum-
bus journeyed westward in search of a better
route for spice trading.
Spices were almost impossible to obtain in co-
lonial America; howeverï¼ herbs were grown for
everyday use. During the twentieth centuryï¼ avail-
ability of spices from all over the world increased
dramaticallyï¼ as is indicated by the vast array of
spicesï¼ herbs and blends now carried at the local
supermarkets.

作者介绍:

目录:

[Ideals Durkee Spice and Herb Cookbook_ 下载链接1](#)

标签

评论

[Ideals Durkee Spice and Herb Cookbook_ 下载链接1](#)

书评

[Ideals Durkee Spice and Herb Cookbook_ 下载链接1](#)