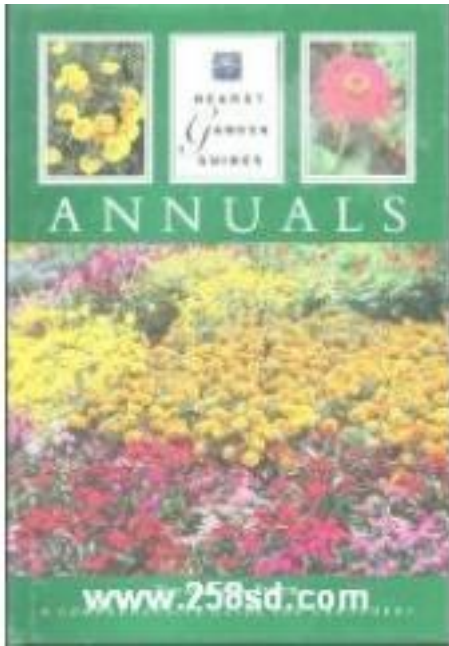


Becoming Family



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著者:

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This is a very serious book about improving and illuminating family relationships. It amply demonstrates that learning new approaches toward very serious subjects can be fun. The content of the book speaks to our mind's heart's feelings' senses' body' and interrelationships to others. A central portion of the book presents a well-rounded and comprehensive series of exciting' colorful' and non-threatening games and exercises' each which has a profound point as its aim. The author establish a context in which people can enter into potentially threatening areas of family life with a spirit of enthusiasm and experimentation. The message throughout the book is: try out these fascinating' appealing games and exercises and see what can be learned from them. The directions for the exercises

are clearly spelled out and presented in such a creative way that one can literally and figuratively understand the author's message

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