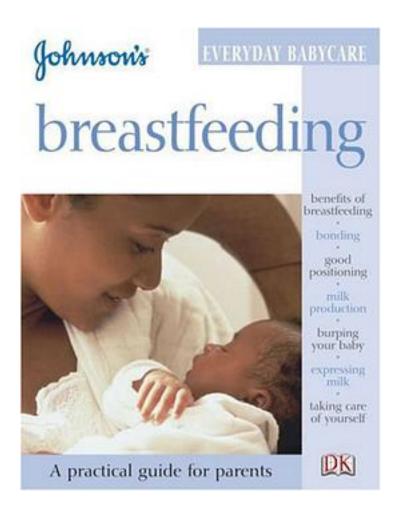
Breastfeeding Johnsons Everyday Babycare



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The ideal guide for the first-time mother who wants to give her baby (and herself) all the benefits of breastfeeding, the book covers every aspect of feeding and weaning, from good positioning, milk production, and expressing milk, to burping and gauging

when baby is full. Much thought and helpful advice is also given to maintaining breast health, bonding, and- if you're a new mother- taking good care of yourself.
作者介绍:
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