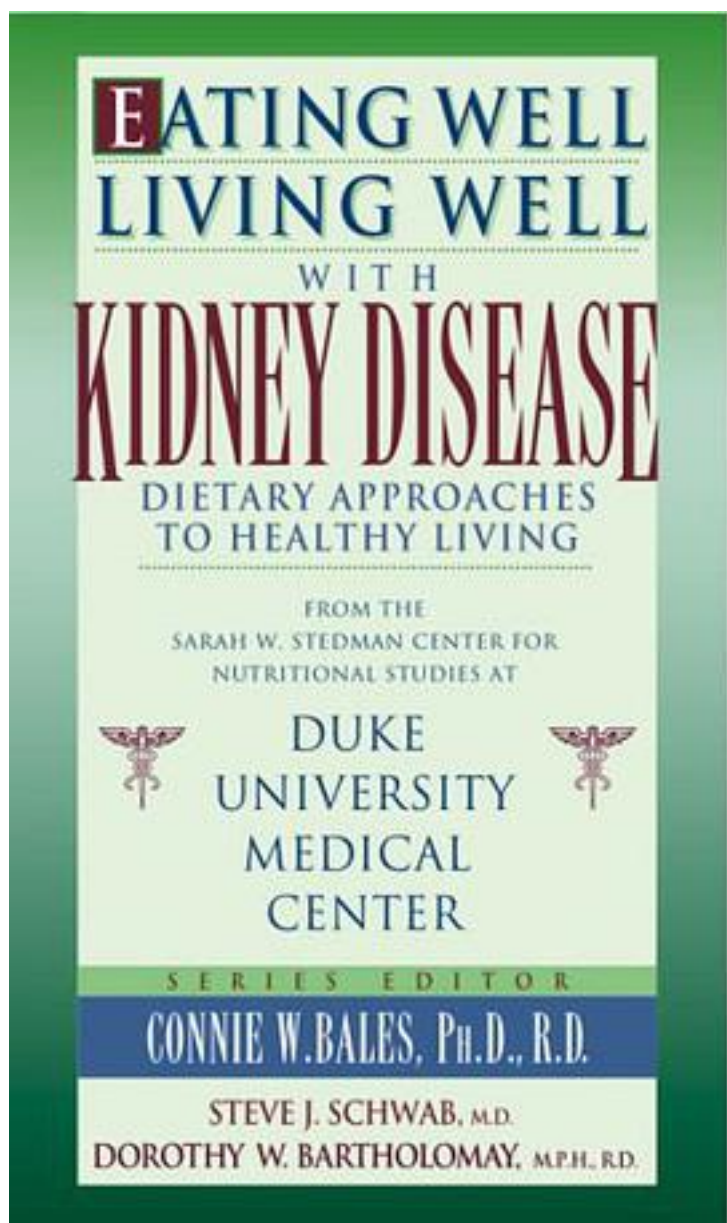


Eating Well-Living Well with Kidney Disease



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著者:Duke University

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This book is about giving you the facts that the medical community has come to know about kidney disease, nutrition and health. It is also important to say what this book is not. It is not a description of a fad diet or a diet based on a commercial product. It is not a weight-loss diet though it can be adapted when appropriate for people with kidney disease who also need to lose weight. It is a diet only because it describes an entire system for choosing foods for deciding what is best to eat. Please note that this book does not include specific recommendations for children or vegetarians with kidney disease or for people who have already had a successful

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