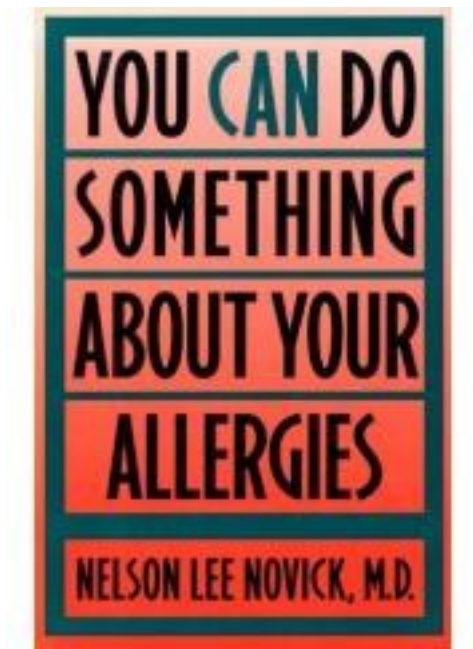


# You Can Do Something About Your Allergies



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<p>You Can Do Something About Your Allergies: If you are one of the forty million Americans who suffer from allergies, you need this book. Dr. Nelson Lee Novick brings you the latest medical findings on what causes your allergy attacks—and what you can do to stop them safely and quickly. Here is a complete guide to the symptoms, treatment, and diagnosis of dozens of allergies, from seasonal sneezing and sinus headaches, to life-threatening drug reactions, bee stings and insect bites. Here, too, is a listing of brand name products that really work—and those that don't. Inside you'll find up-to-date, comprehensive advice on living with many allergy related ailments.</p>

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