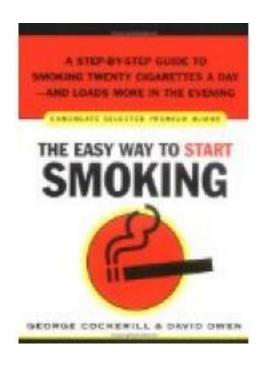
## The Easy Way to Start Smoking: A Step-by-Step Guide to Smoking Twenty Cigarettes a Day-and Loads More in the Evening



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Aimed directly at everyone who is sick of self-help books and fancy diets, The Easy Way to Start Smoking is a refreshing and caustically funny read. With Thurberian wit and the peculiar satire of The Simpsons, George Cockerill and David Owen urge their readers to start smoking, encourage them when they feel like giving up, and promise great joy at the end of the three-pack-a-day road. They teach postures for smoking and eighteen different ways to offer a cigarette to a fellow smoker. For those amateur smokers who keep forgetting to light up, they instill discipline and

| responsibility through an elaborate system of jolting alarms. The Easy Way to Start Smoking will charm anyone who has ever wondered if smoking will make them cooler (it will) or provide more opportunities to dip out of work for some sunshine (certainly) or what it would be like to be ruled by the desire to stick a cigarette in their mouth every ten minutes. |
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