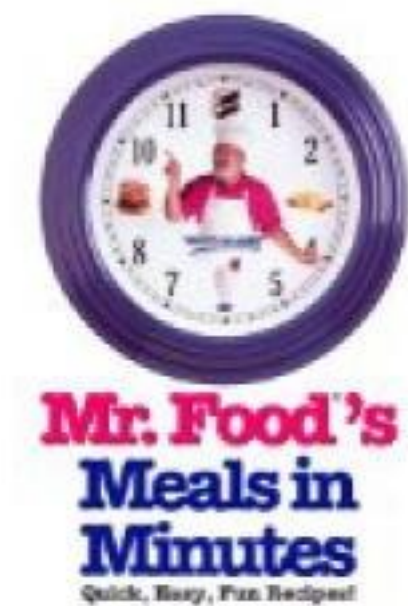


# Mr. Foods Meals in Minutes



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With our schedules getting busier every day, serving balanced, tasty meals has become more of a challenge than ever. Well, thanks to Mr. Food, all that is about to change! How? Mr. Food's Meals in Minutes is a cookbook just for you and it's sure to help simplify your busy lifestyle. Each dish is ready to go in thirty minutes or less, including preparation and cooking time! You won't believe how fast you'll have meals on the table. There are meals for every part of the day--from breakfasts to go and lunch box favorites to solutions for snack attacks, family dinners, and, of course, desserts! There is no recipe with more than eight ingredients...and that's counting salt, pepper, and water! What are you waiting for? Start making your life easier as Mr. Food shows you how to make fast, satisfying dishes that are sure to have you saying, "Ooh it's so Good!!!" With today's busy lifestyles, nobody seems to have the

time to plan -- much less prepare and sit down to -- breakfast, lunch, and dinner. Now, thanks to Mr. Food, readers can enjoy tasty homemade favorites that take just minutes -- including preparation time! Each recipe is ready to serve in under thirty minutes and uses no more than eight easy-to-find ingredients. There are more than 130 easy recipes for everything from breakfast-to-go items such as French Toast Sticks (with the syrup already cooked in!) and Raspberry Toaster Cakes to brunch ideas such as Mini Ham & Cheese Quiches and Baked Chocolate Chip Pancakes. There are even Crunchy Pizza Chips and piping Hot Cinnamon Pretzels to snack on. Recipes like Tomato Stack Salad and Philly Cheese Steak Pitas make lunch anything but boring, and quick family dinner solutions range from Orange Teriyaki Beef and Turkey Parmigiana Meat Loaf to Crispy Fish-n-Chips and Smothered Pork Chops. There are also no fuss desserts like Chocolate Caramel Swirl Pie and Lightning Quick Baklava. So get ready to enjoy tasty homemade meals and snacks that can be ready in no time, yet still come packed with "OOH IT S SO GOOD!!"

作者介绍:

目录:

[Mr. Foods Meals in Minutes\\_ 下载链接1](#)

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