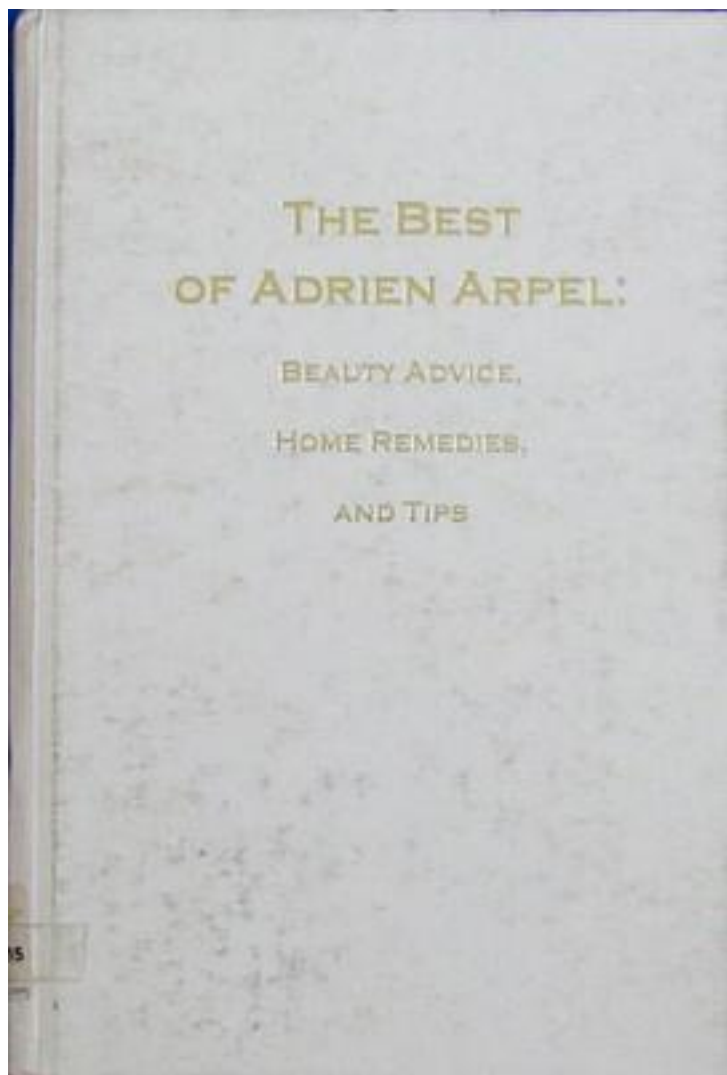


The Best of Adrien Arpel



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Let's face it. The one thing all women share, whether we're standing in front of a Hollywood camera, crying at our child's high school graduation or attending our 30-plus high school reunion, is the desire to hear these welcome words:

"~u look fantastic,t What have you done to yourselff. "

For that tiny sub-culture of women consisting of voluptuous movie stars and wraith-thin supermodels, the answer would be a laundry list of pampering routines from the expensive (complete facelift) to the do-able inexpensive but little known beauty secrets their agents ferret out from high-priced beauty consultants and personal trainers. The results: The older these women get, the better and younger they look. Now, I'm not saying the right beauty tricks will keep them (or you) looking like a teen queen (and if you're like me, you wouldn't want to go back and have to do all you've done all over again!), but a little professional know-how can keep you looking terrific no matter what your age.

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