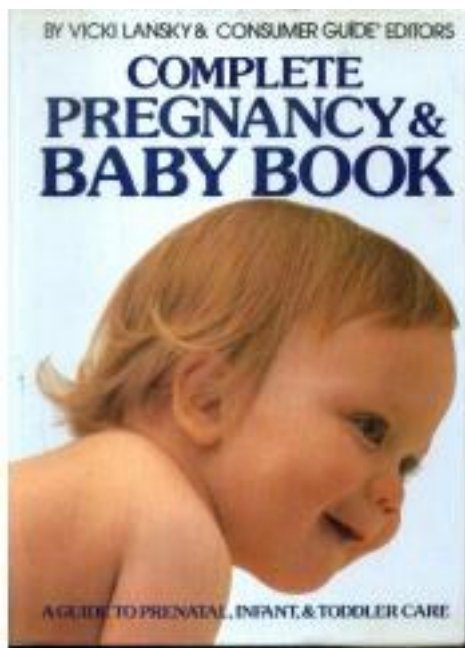


# Complete Pregnancy and Baby Book



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著者:

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This fully illustrated, single-source guide to prenatal and baby care will be welcomed by all new and expectant parents. Your baby's life from conception to age three is discussed with an emphasis on proper, practical care, and "how-to" advice that will help your baby reach his or her full potential. Inside, you'll find answers to your questions about prenatal diet and exercise, choosing an obstetrician and pediatrician, the birthing process, and adjusting

to your new baby.

If you are unsure about newborn care, the pros and cons of bottle-feeding and breast-feeding, or even financial planning for your baby's future, you'll find useful, valuable information in these pages.

Written with warmth, clarity, and insight, Complete Pregnancy & Baby

Book also includes precise, authoritative information about:

The vital third trimester of pregnancy

Birthing alternatives

How to buy the best and safest baby equipment, clothing, and toys

Overcoming complications of pregnancy and birth

Baby's exercise and physical development

Mother's postpartum exercise

Complete guide to your baby's health, including common infant and toddler ailments, and emergency treatment

Baby's learning and cognitive development, including the proper roles of books, television, and creative play

And much more

作者介绍:

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