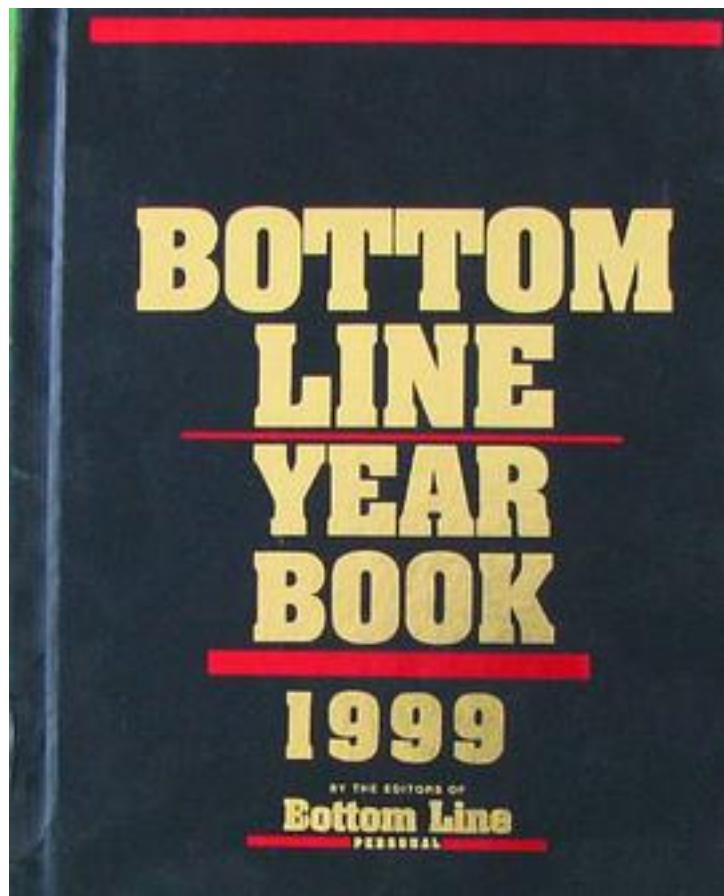


Bottom Line Year Book 1999



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one in four Americans

has dangerously high

cholesterol. Cholesterol

is a white, waxy sub-

stance found naturally

throughout the body.

The liver and other organs manufacture all

the cholesterol that the body needs to help

build cells and create hormones. Problems

develop when eating too much fat in meat,

dairy and other fatty foods brings in far more

cholesterol than the body needs.

作者介绍:

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