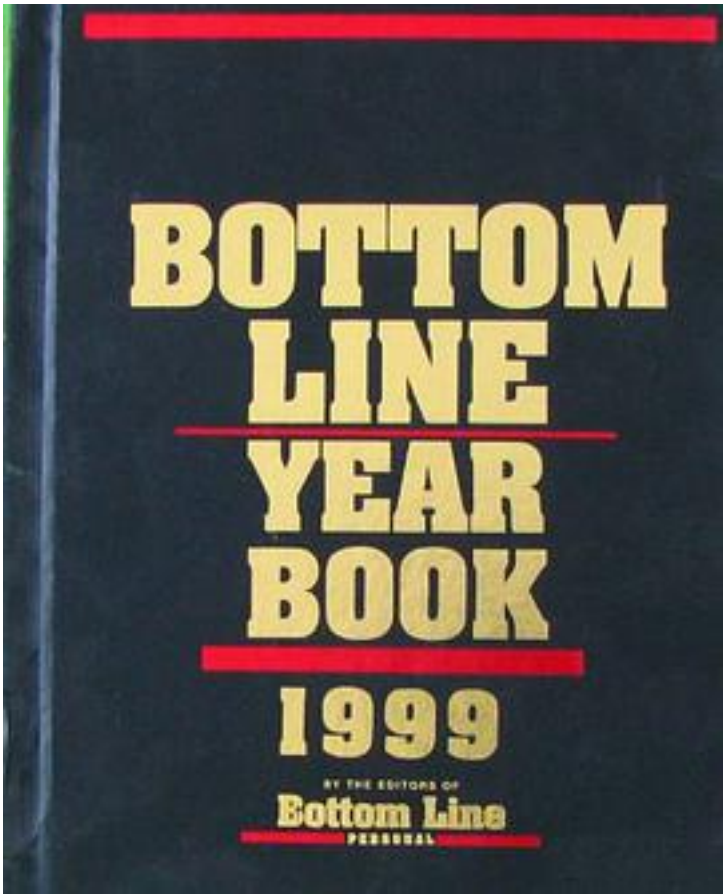


# Bottom Line Year Book 1999



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one in four Americans  
has dangerously high

cholesterol. Cholesterol is a white, waxy substance found naturally throughout the body. The liver and other organs manufacture all the cholesterol that the body needs to help build cells and create hormones. Problems develop when eating too much fat in meat, dairy and other fatty foods brings in far more cholesterol than the body needs.

作者介绍:

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