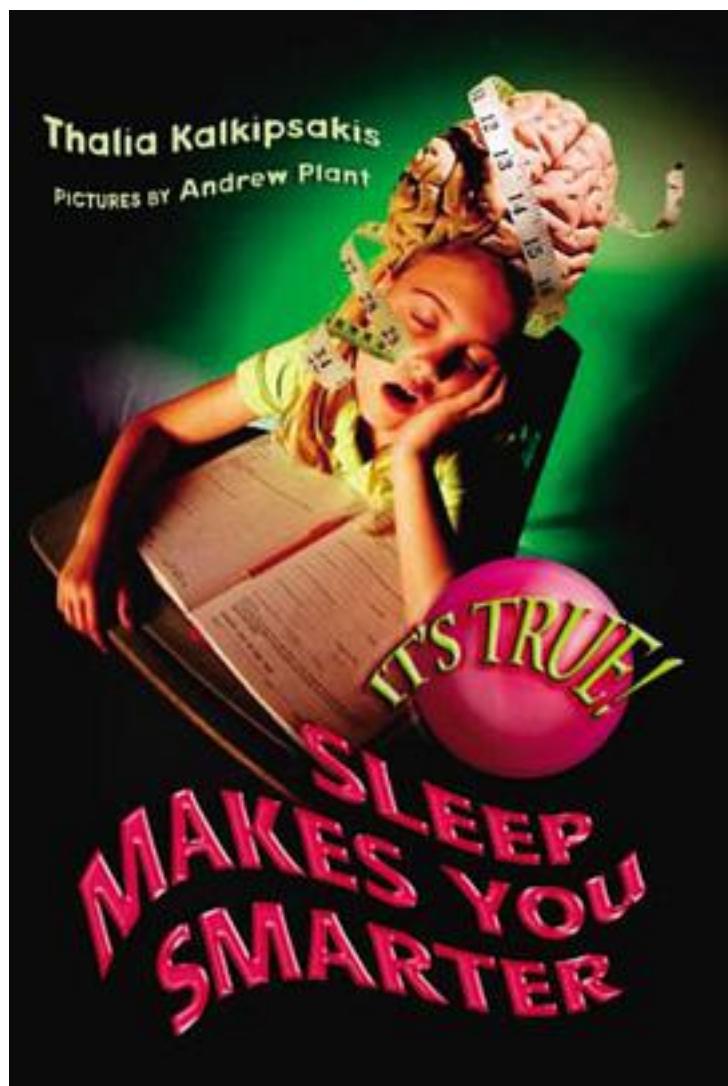


# It's True! Sleep Makes You Smarter (It's True!) (It's True!)



[It's True! Sleep Makes You Smarter \(It's True!\) \(It's True!\) 下载链接1](#)

著者:Thalia Kalkipsakis

出版者:Allen & Unwin

出版时间:2007-07-01

装帧:Paperback

isbn:9781741148626

Pssst! Wake up! It's true! This is the best book on sleep you'll ever read! This book goes under the duvet to investigate sleep - why we need it, how much we should have, what happens under extreme sleep deprivation, whether animals dream, what dreams mean.

作者介绍:

目录:

[It's True! Sleep Makes You Smarter \(It's True!\) \(It's True!\) 下载链接1](#)

标签

评论

-----  
[It's True! Sleep Makes You Smarter \(It's True!\) \(It's True!\) 下载链接1](#)

书评

-----  
[It's True! Sleep Makes You Smarter \(It's True!\) \(It's True!\) 下载链接1](#)