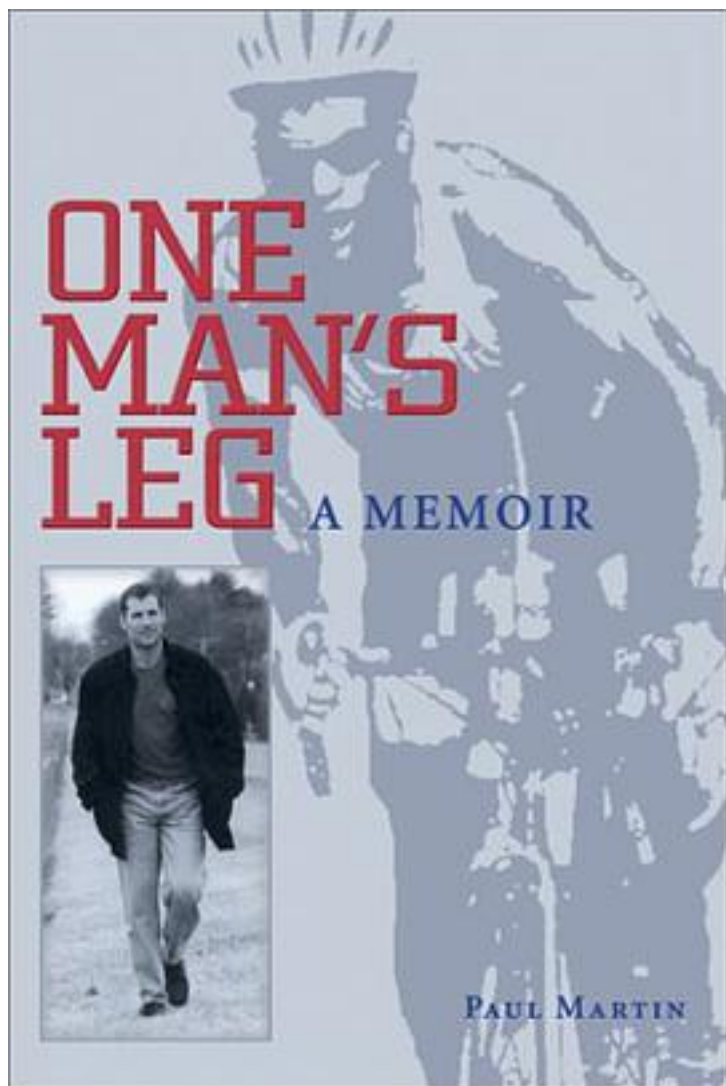


# One Mans Leg



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As a kid, athletic competition provided some relief from an otherwise difficult childhood. Later, living in a foster home, it was the stage on which to gain attention that didn't seem to be available elsewhere. But it was only at the age of 25, when he had lost a part of the very thing he relied on most to compete (specifically, the lower half of his left leg), that Paul Martin made his commitment--and went on to become a world champion triathlete and Paralympic competitor. ONE MAN'S LEG is the story of Paul Martin's life to date--and what a life it has been. Whether the passage is laugh-out-loud funny, fiercely heartbreaking or gently thought provoking, few readers will fail to be captivated by Paul Martin's adventures--and misadventures! Things just happen to Paul: storms form out of the blue when he is sailing; culprits steal his bike when his back is turned, and they break into his car while he is ensconced in his highest moment--completing his first ever marathon. While insurance companies are willing to help him acquire a leg to stand on, they balk every time he needs one to run on. And he seems to be accident prone--even after the accident that claimed his limb. As one observer puts it, "There are two kinds of people in the world--those who like to dance with gravity and those who don't." But Paul Martin has a very special gift--and it is in addition to his athletic prowess and his ability to write honestly, fluidly and at a pace that makes it impossible not to want to turn the page: when life hands Paul Martin lemons, he makes lemonade. Reading ONE MAN'S LEG, the reader can't help but want to make lemonade too. And though the book is never didactic, the recipe is there for anyone who wants it, lurking between the lines, evident in Paul's good humor and in every choice he makes. Paul's endurance and determination are off the charts--as are those of the "badasses" he runs (and swims, skis, bikes and plays hockey) with. To read ONE MAN'S LEG is to experience the life of an athlete vicariously, to learn to redefine "disability" (or is it "this ability?"), to learn the true meaning of team spirit, and to come to love the finish line, as it applies to each of us and no matter how far off we fear it might be. What an inspiration! What a celebration of life! What a pleasure it is to get to know Paul Martin intimately in these pages! 2000 Paralympic Cycling Team Ironman Hawaii, Malaysia, Europe First challenged athlete to complete The Double (Ironman Hawaii/XTERRA) 1998, 2001 International Triathlon Union (ITU) - Lower extremity amputee World Champion; 1997 and 1999 silver medallist. 1998 and 1999 National Cycling Champion, road race. 1998 IPC Disabled Cycling World Championships; bronze medallist. National Record Holder, half marathon and 5k. 2001-2002 US Amputee Hockey Team 2001 - First leg amputee to participate in an expedition length adventure race - Expedition BVI. 1997 US Olympic Committee's Disabled Athlete of the Year. Former member of the US Disabled Alpine Ski Team. PAUL MARTIN IS AN ACCOMPLISHED PUBLIC SPEAKER WHOSE PRESENTATIONS HAVE INSPIRED CHILDREN AND ADULTS THROUGHOUT THE COUNTRY.

作者介绍:

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