## Physical Examination & Health Assessment



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著者:Carolyn Jarvis PhD APN CNP

出版者:Saunders

出版时间:2007-10-31

装帧:Hardcover

isbn:9781416032434

With a clear, student-friendly approach, this text provides a solid understanding of how to perform a health assessment. Head-to-toe presentations show the steps of a physical examination in a logical sequence. Detailed illustrations, summary checklists, and new learning resources ensure that you learn all the skills you need to know. It's easy to see why this text is, far and away, #1 in this market!

Clear, approachable style of writing. Over 1,000 full-color illustrations present anatomy and physiology plus examination techniques. A two-column format distinguishes normal findings from abnormal findings, using color, step-by-step photos. Summary checklists in each body system chapter provide a quick review of exam steps. Documentation examples show the charting of normal findings. Extensive coverage of culture reflects the importance of diversity and cultural awareness. Nursing Diagnoses reflecting the most recent NANDA Taxonomy II terminology. Lifespan content is integrated throughout the text to show common variations for all age groups. Developmental Care sections cover age-specific content for pediatric, pregnant, and older adult patients. Clinical case studies cover focused assessment techniques for patients of different ages in different clinical situations. Spanish language translation chart includes key phrases for better communication during a physical examination.

More than 100 color photographs and drawings are added. Abnormal Findings section, in full-color, large-photo atlas format, now differentiates abnormal findings for the student from those for advanced practice. Promoting a Healthy Lifestyle boxes highlight essential health promotion material, based on Healthy People 2010 guidelines. Unique Reassessment of the Hospitalized Patient chapter provides a focus for hospital-based assessments. Functional Assessment of the Older Adult chapter covers the special assessment techniques and findings for geriatric clients. A companion CD-ROM helps you apply your skills to realistic patient scenarios, with additional in-depth case studies, a complete head-to-toe examination video, printable health promotion handouts, heart and lung sounds, new bedside reassessment, and the 20 Most Common Conditions.

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