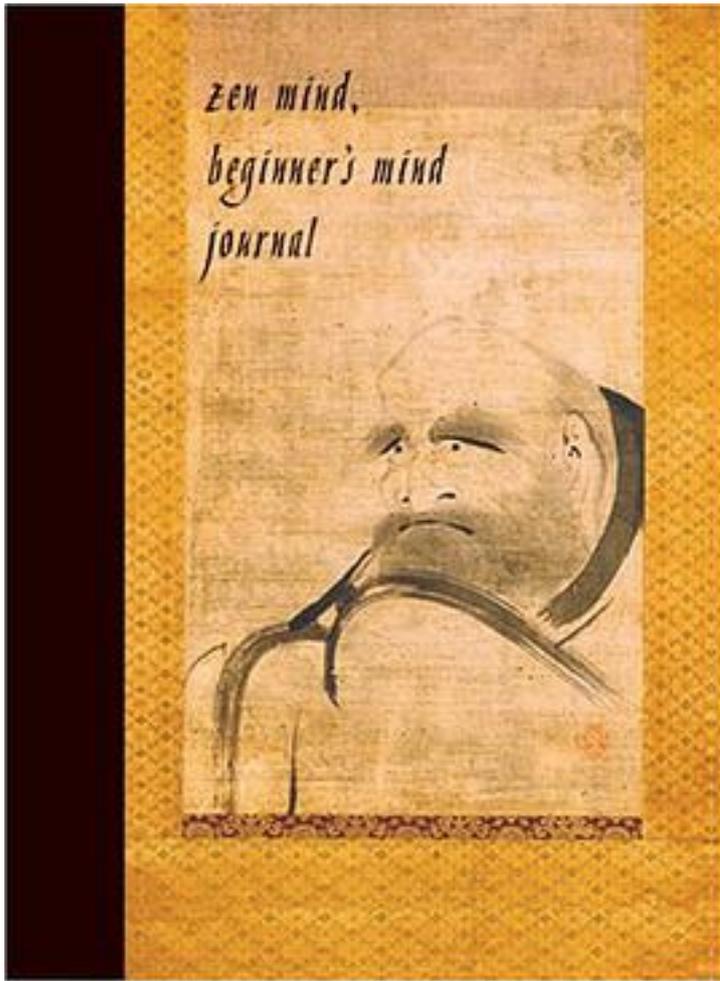


Zen Mind, Beginner's Mind Journal



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著者:Shunryu Suzuki (Foreword)

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The beginner's mind of Zen Buddhism appears as the blank page awaiting your alert presence in this new journal based on the best-selling 2005 wall calendar. Interspersed

throughout the journal are sixteen wisdom quotes from the classic best-selling book, Zen Mind, Beginner's Mind by Shunryu Suzuki paired with stunning Zenga art masterworks from the premier collection of the Gitter-Yelen Museum in New Orleans. The 128-page journal is 6" x 8.25" and has a high-quality hardbound cover with an attractive Wire-O binding. The journal has blank pages on the left and lined pages on the right, while evenly spaced throughout are selections of meditative text and zenga brush drawings. The journal has an elastic band closure.

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