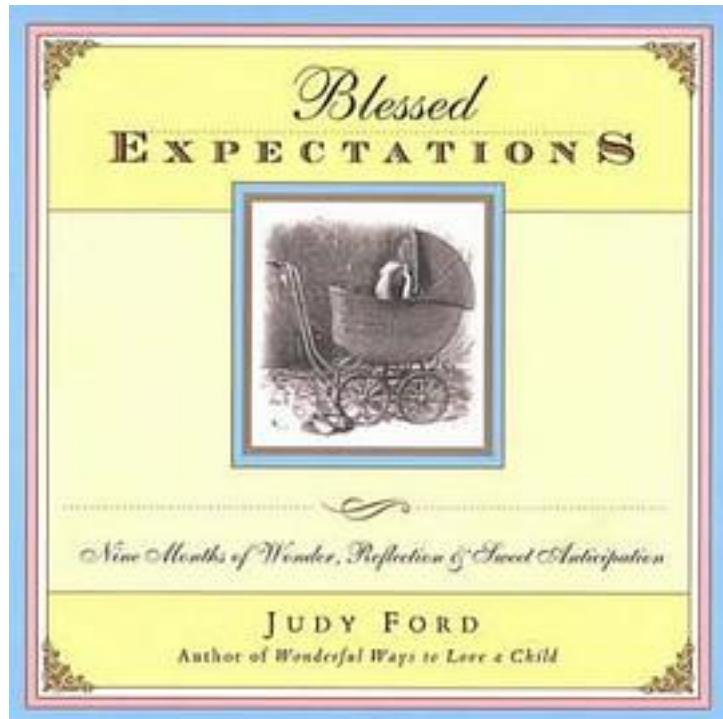


# Blessed Expectations Nine Months of Wonder, Reflection and Sweet Anticipation



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著者:Ford, Judy

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Blessed Expectations is an emotional and spiritual handbook for expectant mothers. The author offers wit, wisdom and guidance for surviving and celebrating pregnancy, recounting anecdotes and offering suggestions to imbuing the pre-baby life of morning sickness and stretch-marks with serenity, excitement and delight. Many of the essays are followed with quotes from auspicious sources from Collette to

Shakespeare. Ford's book instructs readers to pamper themselves and teach expectant mothers how to overcome the blues and communicate with their growing babies.

作者介绍:

目录:

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