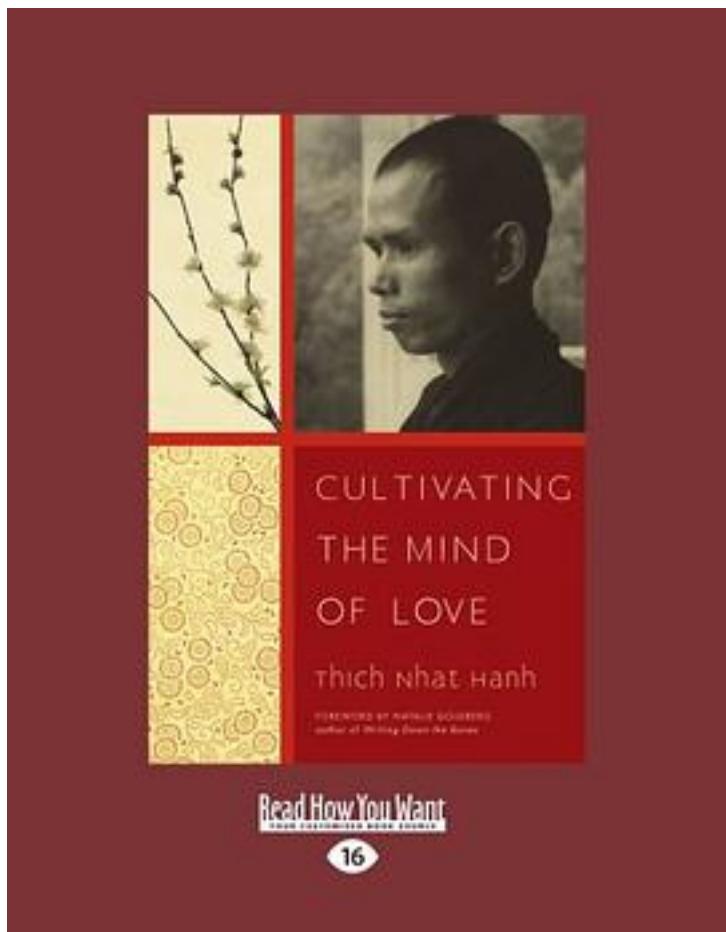


Cultivating the Mind of Love



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著者:Thich Nhat Hanh

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When Thich Nhat Hanh was a 24-year-old monk, he fell desperately in love with a nun of 20. He couldn't sleep, and stayed up all night writing poetry. This book taps that experience in an ambitious double narrative that interweaves his memories of that first

love with how it was transmuted into boddhichitta with a thoughtful study of the Mahayana Buddhist sutras. Through this unusual approach, Nhat Hanh shows readers how to nurture their own "mind of love" and bring joy and hope to themselves and those around them.

作者介绍:

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标签

禅

初恋

love

评论

培养爱心

当我遇见她的时候，那并不是我们相遇的第一次。否则，爱怎么会这样轻易地发生呢？如果没有看过杂志上的佛像，我们是不可能相遇的；如果她不是出家人，我也不可能爱上她。她身上有一种巨大的安详，是其他人所没有的，那是由虔诚的修行而产生的。她曾在顺化的尼姑庵里修行，现在，她出现在这里，一如盘坐在草上的佛陀一样安详。我童年时代寻访隐修者，品尝泉水的感觉再现了，成为了我们初次相遇的一部分。在我看到她的那一刻，我在她身上看到了我向往和珍爱的一切。

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书评

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