

The Power of Positive Thinking



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著者:Dr. Norman Vincent Peale

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Translated into fifteen languages with more than 7 million copies sold, The Power of Positive Thinking is unparalleled in its extraordinary capacity for restoring the faltering faith of millions. In this insightful program, Dr. Peale offers the essence of his profound method for mastering the problems of everyday living. You will learn: * How to eliminate that most devastating handicap -- self doubt

* How to free yourself from worry, stress and resentment

* How to climb above problems to visualize solutions and then attain them

* Simple prayerful exercises that you can do every day, throughout the day, to reinforce your new-found habit of happiness Eliminating all the negative thoughts that prevent you from achieving happiness and success, The Power of Positive Thinking is an inspiring program that will help you create a positive change in your life.

作者介绍:

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