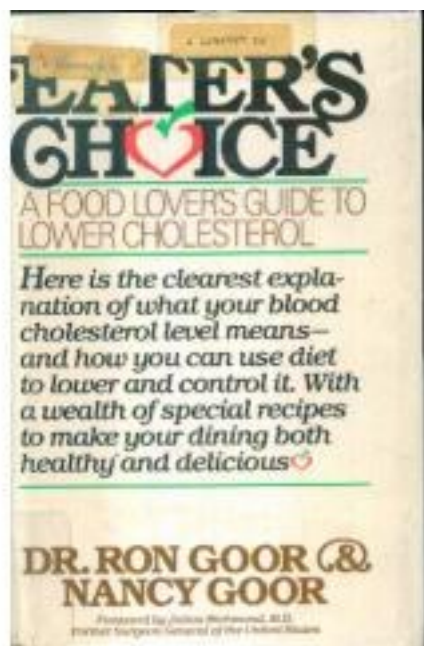


Eaters Choice: A Food Lovers Guide to Lower Cholesterol



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An updated version of the country's first source on controlling blood cholesterol explains what blood cholesterol is and provides flexible methods for controlling it with guidelines for children, detailed tables, and delicious new recipes. Reprint. 65,000 first printing.

作者介绍:

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