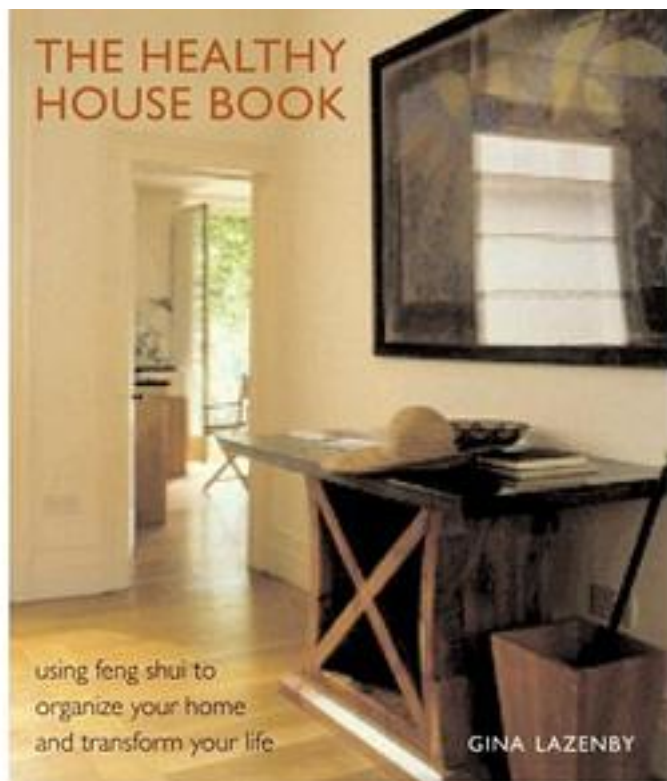


# The Healthy House Book



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Here is a magnificent looking, full-color guide to the world of Feng Shui in the home. THE HEALTHY HOUSE BOOK is a practical guide to the skills needed to create a healthy home and lifestyle that supports us both emotionally and physically, as governed by the ancient eastern philosophy of Feng Shui. Complete with 180 beautiful full-color photographs, THE HEALTHY HOUSE BOOK offers practical advice on ways in which we can ensure deep, healing sleep, boost our immune systems, increase our vitality, enhance our enjoyment of life, and protect our children while stimulating

their learning ability. All this can be achieved by reducing the levels of harmful chemicals and toxins in our homes, checking surrounding land for electrical wiring, dowsing for geopathic stress, changing our diets, space cleansing, establishing good interior arrangement, and improving the quality of the air we breathe. The first four chapters? “Putting Your House in Order, ” “The Home Detox, ” “The Power of Color, ” and “Preventative Medicine” ?lead to the final chapter, “Healthy Rooms, ” in which all the knowledge and skills taught in the previous chapters are elaborated on and applied to each room in the house. THE HEALTHY HOUSE BOOK is an invaluable resource for those interested in Feng Shui, parents of young children, or anybody interested in taking more control of their health and well being.

作者介绍:

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