

Controls from Within: Techniques for the Treatment of the Aggressive Child



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How can a child's environment be designed so that it really contributes to his sound development? Precisely what is the impact of the physical arrangements, the routines, the "atmosphere" that pervade a place where children live? How should a child's play life be arranged

so that it is more than just a time-filler? How can overexcitement, frustration, and overstimulation be toned down to support the youngster's ability for self-control? How should opportunities for emotional expression through play and game activities be organized in order to promote personality growth?

Controls from Within gives detailed answers to precisely such important questions. The book is concerned with the breakdown of behavior controls in children. Emphasis is on techniques for its treatment. These techniques help the child develop adequate self-control. Even while describing the treatment picture in detail and with many illustrations, the authors point out the implications for the handling of the child by parents, teachers, and group leaders.

The authors suggest that much can be accomplished by treating children's problems as they emerge in daily life, and that such "clinical exploitation of life events" can sometimes be effective when verbal counseling alone does not seem to produce results.

作者介绍:

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