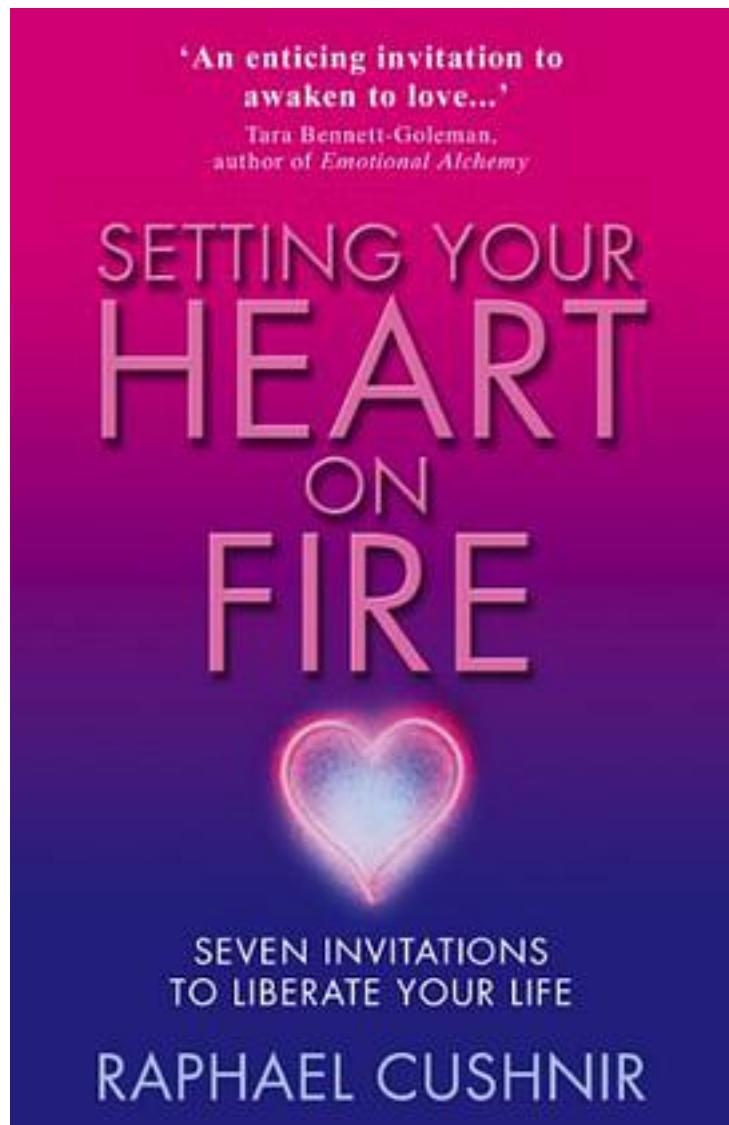


Setting Your Heart on Fire



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It took a painful divorce to spark Raphael Cushnir's awakening, but as his own experience taught him, freedom and happiness can often be found through challenges and obstacles. Since then, he has travelled the country nonstop to share his simple, heartfelt approach to finding fulfillment through embracing love as a complete spiritual path a process that requires a courageous assessment of choices, emotions, behaviours and beliefs. With an intimate yet invigorating tone reminiscent of Caroline Myss and Gary Zukav, "Setting Your Heart On Fire" guides readers on this path through seven "invitations", each an inspiring prescriptive step for anyone seeking a more meaningful life. Moving through each chapter, the Seven Invitations sequentially help readers heed love's call and cultivate a greater sense of openness and connection "Feel everything" describes how to stay emotionally present in any circumstance; "question everything" explains how to transform limiting beliefs into a source of possibility and growth; "resist nothing" shows how to overcome convictions about the way things should be to accept them as they really are; "live like you're dying" explores how to embrace the power o

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