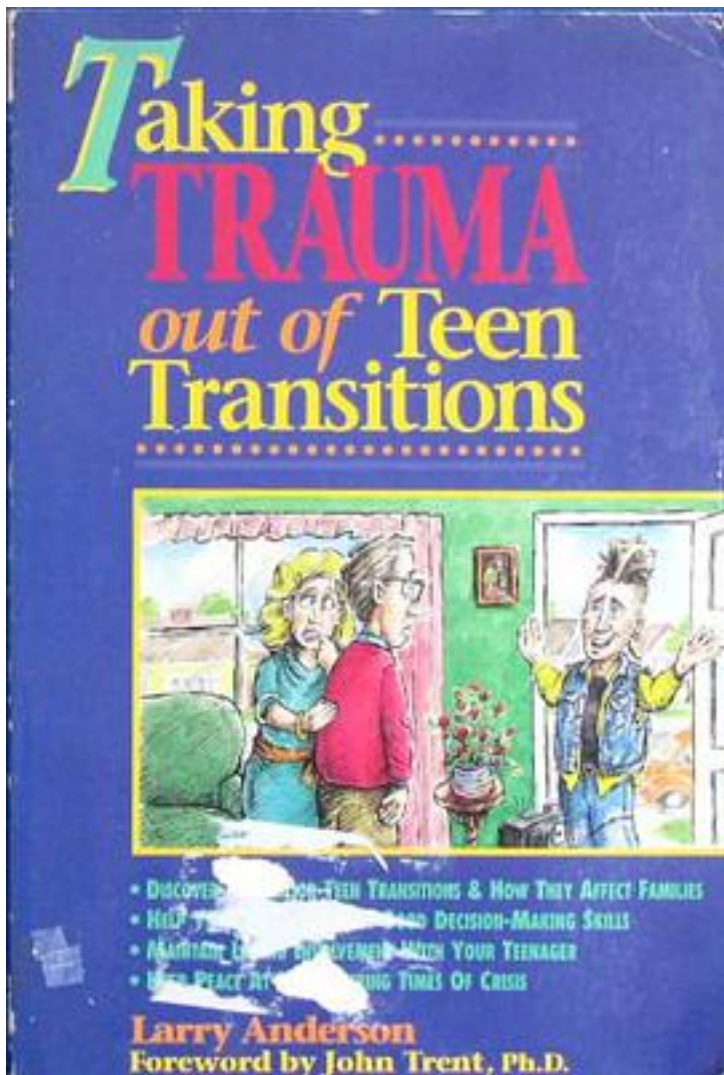


Taking Trauma Out of Teen Transitions



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If you're like most parents, thoughts about your child's adolescence register somewhere between bewilderment and panic.

But it's possible to plan for, rather than react to, the inevitable growing pains of the teen years. *Taking Trauma Out of Teen Transitions* offers the practical help and biblical comfort you'll need as your teen--and family--moves through this important stage.

A tool box full of ideas, proven to guide teens through a healthy transition into adulthood, *Teen Transitions* will help you:

- ~ See what's productive in each change or turning point
- ~ Keep your sense of humor
- ~ Manage peer pressure and "what others think" about you and your kids
- ~ Keep peace during times of crisis
- ~ Direct your teen toward healthy relationships with friends, teachers, coaches, and church leaders
- ~ Sense God's anchor when times are tough
- ~ Help your teen learn good decision-making skills

So whether you are planning ahead, or are right in the face of teen rebellion, *Taking Trauma Out of Teen Transitions* will reduce your anxiety level and give you a framework for understanding your teenager. But most of all, it will provide you with a positive plan for navigating your family through the emotionally turbulent--but ultimately rewarding--transition into adult relationships.

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