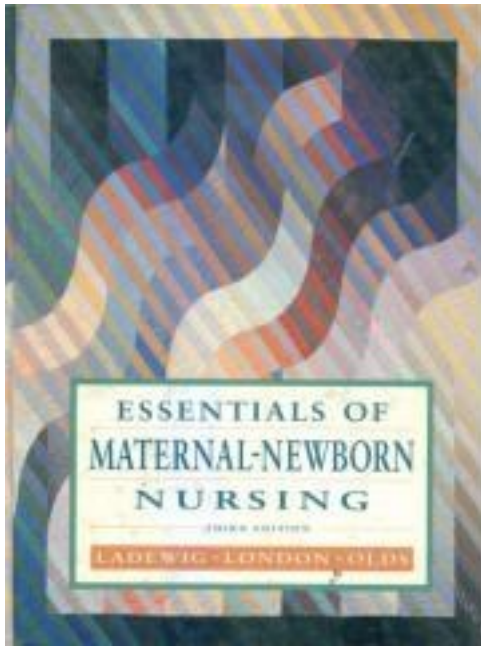


Essentials of Maternal-Newborn Nursing



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Nurses today are client advocates and educators who play a central role in a family's experience of

birth. As women's choices about childbirth continue to expand, so do the responsibilities and commitment of the nurse.

Focus on Client Teaching and

the Nursing Process

We continue to feel strongly that one of the primary roles of the nurse is that of client teacher--helping people acquire the information and skills they need to meet their own needs. This is why we've again chosen to place strong emphasis on teaching throughout this text. We also firmly believe that it is essential for nurses to use the nursing process to provide high-level, effective nursing care. These two loci--client teaching and the nursing process--form the basis of the book's organization and result in what we believe to be a text that is as relevant and useful to practicing nurses as it is to nursing students.

Why an "Essentials" Book?

In today's varied nursing curricula, the course in maternal-newborn nursing can range in length from 4 to 13 weeks--depending on the type of program and the availability of clinical facilities, among other factors, in response to requests from those nurse educators who do not have a full 12 to 15 weeks to cover this content, we developed *Essentials of Maternal-Newborn Nursing* as an alternative to our best-selling, more detailed and comprehensive *Maternal-Newborn Nursing*. This *Essentials* text was first published in 1986 with the intention of meeting the demand for a shorter, more condensed version focused on the essence of safe, thoughtful nursing care. With our revision in 1990, we updated and ex-

panded content based on extensive student and instructor review. In this, the third edition of our Essentials text, not only have we updated content to make the book as current and accurate as possible, but we've further refined our definition of the "essentials" through contin

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