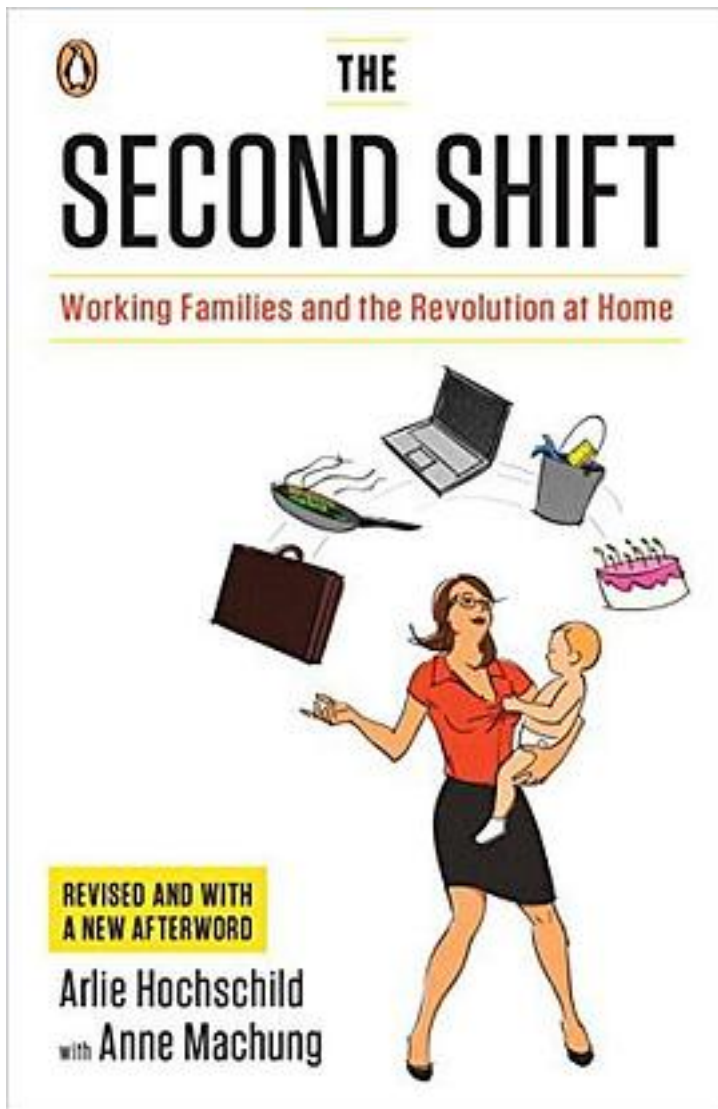


# The Second Shift



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著者:Arlie Russell Hochschild

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In this landmark study, sociologist Arlie Hochschild takes us into the homes of two-career parents to observe what really goes on at the end of the "work day." Overwhelmingly, she discovers, it's the working mother who takes on the second shift. Hochschild finds that men share housework equally with their wives in only twenty percent of dual-career families. While many women accept this inequity in order to keep peace, they tend to suffer from chronic exhaustion, low sex drive, and more frequent illness as a result. The ultimate cost is the forfeited health and happiness of both partners, and often the survival of the marriage itself. With a new afterword by the author, this groundbreaking study is as relevant today as when it was first published.

作者介绍:

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## 标签

平权

家庭

女性

Family

## 评论

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## 书评

婦女和少女，在她們新的自我發展中，只是暫時成為男人惡習與特性的模仿者、男人職業的重演者。經過這樣不穩定的過渡之後，事實會表明，婦女只是通過各種變化多樣的（通常很可笑的）偽裝，以便把她們自己的天性從男性歪曲的影響中洗淨。生命更直接、更豐富、更親切地駐留在婦女...

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Hochschild, Arlie, and Anne Machung. The second shift: Working families and the revolution at home. Penguin, 2012. Chapter 1 The Family Speed-up #husbands get to do more what they want to do# Beyond doing more at home, women also devote proportionately more...

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霍希尔德Hochschild，深度访谈了50个不同的美国家庭，并对10个家庭进行参与式观察2-5年之后，1989年出版了这一著作。  
主要探讨，女性逐渐进入工作市场后如何平衡家务劳动与工作的关系，或者说婚姻中男性与女性如何协商家务劳动的分配。本书中，悲观的结论是，尽管女性承担了相...

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