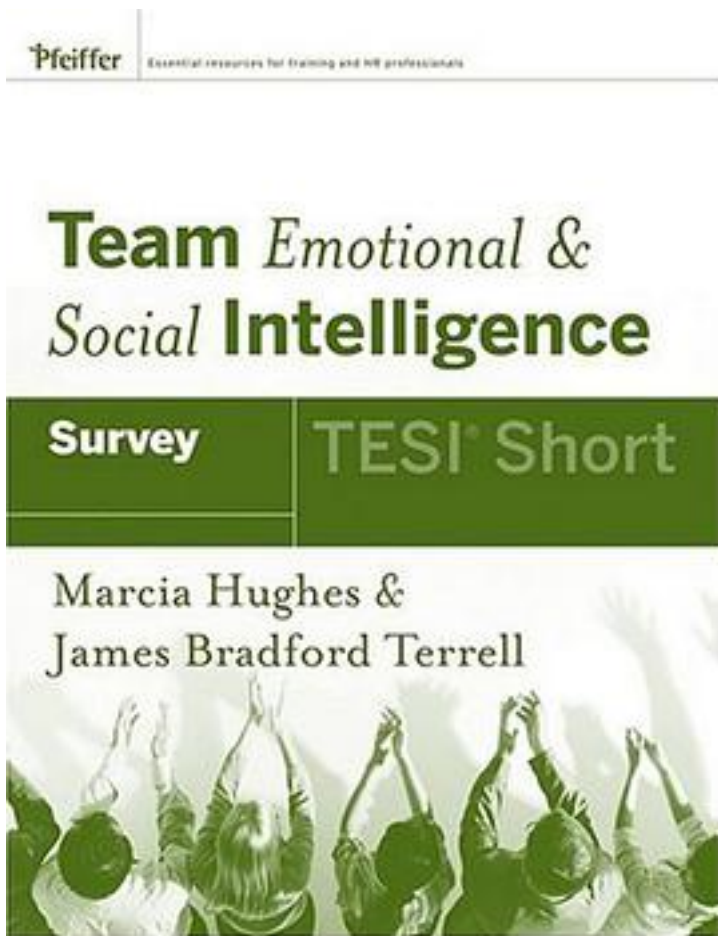


Team Emotional and Social Intelligence



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Team Emotional and Social Intelligence Emotional and social intelligence are key

ingredients for success when you are working as part of a team. Empathy, flexibility, and assertiveness are some of the essential skills that you, as a team member, need to foster if you intend to collaborate so you can make the right decisions and ultimately succeed. Team Emotional and Social Intelligence, Participant Workbook offers a unique set of tools for determining and developing your team's emotional effectiveness in the seven dimensions that are a prerequisite for high performance. Created by two leaders in the field of emotional Intelligence training, Marcia Hughes and James Bradford Terrell, this workbook is designed to inform you on the most current information on emotional and social intelligence research and outlines the authors' proven Collaborative Growth® Team Model. This gives you and your team members the ability to rate your team's performance on the seven skills: Team Identity Motivation Emotional Awareness Communication Conflict Resolution Stress Tolerance Positive Mood Once you and your teammates assess your team's performance, you can strategically engage to draw on the skills that will help your team achieve a consistently balanced workflow that will ultimately lead to success.

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