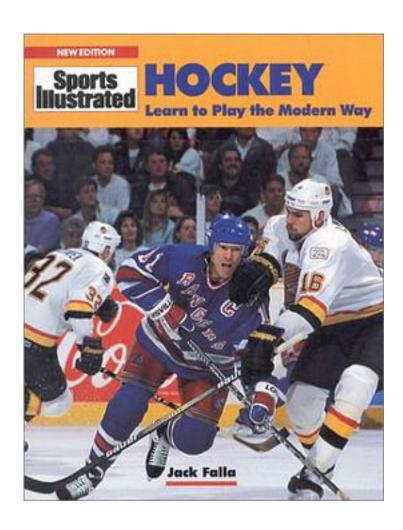
Hockey



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著者:Jack Falla

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Hockey in the nineties is a new game of speed, creativity and innovation. Nw, boost your hockey talent with this up-to-the minute guide for the player, coach and fan. In Sports Illustrated Hockey: Learn to Play the Modern Way, a vetern hockey writer and

youth league coach Jack Falla provides expert instruction in all phases of toay's game. This richly illustrated guide includes: 11 Techniques for incorporating power skating into your game 5 important shots and how to make them 4 drills to help you improve your stickhandling skills 5 principles to make you a better offensive TEAM player 9 techniques for improving personal and team defense The keys to becoming a complete goaltender A survival manual for the youth league coach and parent
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