

Immortal Sisters



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出版者: North Atlantic Books

出版时间: 1996-11

装帧:

isbn: 9781556432224

Immortal Sisters presents life stories and teachings of distinguished female Taoist adepts who lived from the third to twelfth centuries. Among them is the poet and mystic Sun Bu-er, who passed into folklore as one of the famous Seven Immortals and appears as a character in countless popular novels of China. These accomplished women, renowned in their own day and in history, represent a uniquely female heritage of spiritual mastery. Through poems, stories, teachings, and commentaries, Immortal Sisters sheds light on the spiritual methods taught and practiced by these

women and illustrates the importance of the feminine in Taoism.

作者介绍:

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评论

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书评

When stillness climaxes, it can produce movement; Yin and yang mold each other. Grab the jade tiger in the wind, Catch the golden bird in the moon. Keep your eyes on the incubation process, Keep your mind on the course of following and reversing. When the m...

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