

Joy of Microwaving



[Joy of Microwaving_ 下载链接1](#)

著者:

出版者:

出版时间:

装帧:

isbn:9780135115695

Here s your invitation to discover mouth-watering meals in half the time--or less! You ll save hundreds of hours of cooking time as you create new and tested dishes for every meal. Just envision easy and imaginative breakfasts, delicious fancy lunch dishes, nutritious snacks or after-school treats, and dinners that satisfy the soul even as they please the eye.

The Joy of Microwaving is the definitive compilation of more than 450 recipes to cover every eating occasion, inviting you to use your microwave as it was meant to be used--from appetizers through desserts. It includes recipes for dieters and super-quick recipes for people on the go. Illustrated throughout with more than 700 full-color photographs, The Joy of Microwaving--in easy, nontechnical language--explains how a microwave oven works, and goes on to offer food preparation tips and cooking instructions for foolproof mouth-watering meals.

Each recipe was developed and tested by The Microwave Cooking Institute, tailored to meet the needs of today's homemaker and the standards of the Institute's professional staff. Recipes with exotic, hard-to-obtain ingredients

作者介绍:

目录:

[Joy of Microwaving_ 下载链接1](#)

标签

评论

[Joy of Microwaving_ 下载链接1](#)

书评

[Joy of Microwaving_ 下载链接1](#)