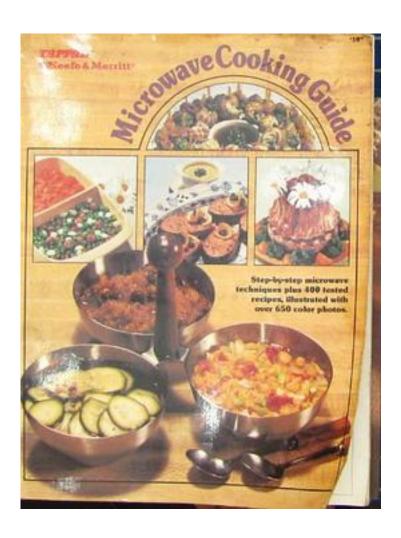
Tappan Microwave Cooking Guide



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Introduction to microwave

cooking

Quick, convenient, clean and cool. That s what microwave cooking is all about. Add to those factors that the microwave oven is also economical and energy efficient, and you ve got the perfect kitchen appliance. It s quick and convenient! The microwave will save you hours in the kitchen. Most foods will be cooked in just minutes or even seconds as compared to the conventional methods. The microwave is ideal for today s fast-paced lifestyles.

It's clean! Microwave cooking puts an end to messy ovens, range tops and spattered walls. Spills or spatters do not get baked on the inside surfaces of the microwave

oven. If they do happen, simply wipe / them clean with a damp cloth.

Cleanup time is reduced because

作者介绍:

目录:

Tappan Microwave Cooking Guide_下载链接1_

评论
 Tappan Microwave Cooking Guide_下载链接1_
书评

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