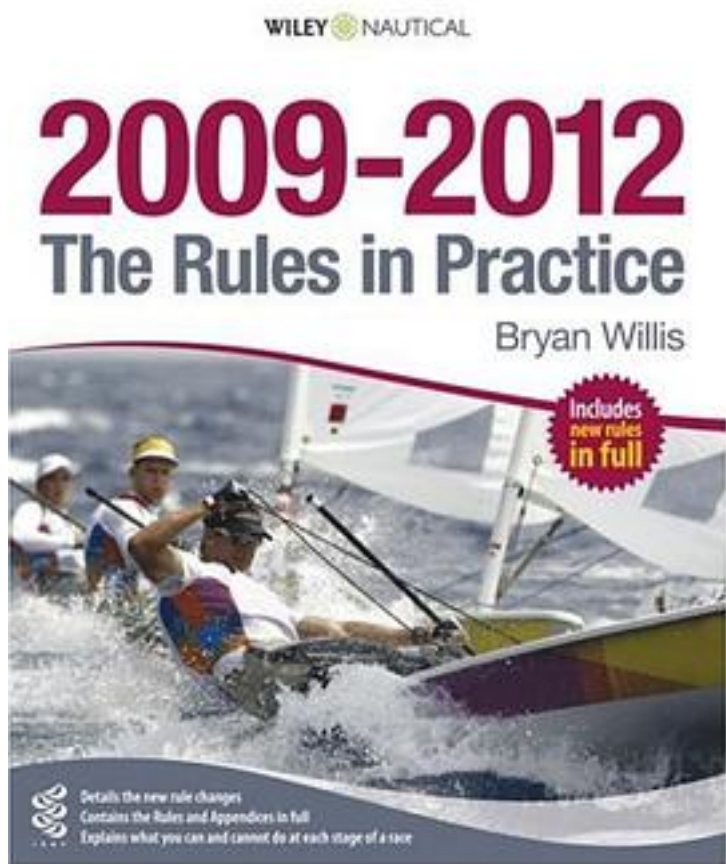


The Rules in Practice 2009 - 2012



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著者:Bryan Willis

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The racing rules of sailing explained. Get ahead of the competition with this straight talking, practical guide to the racing rules 2008-2012 Rules in Practice is primarily for competitive sailors who race in keelboats and dinghies. The Racing Rules of Sailing apply to all forms of sailboat racing. The author – a member of the International Sailing

Federation - looks at 100 key situations that occur on the racecourse – both championship and club racing. Unlike the competition, Bryan looks at each situation from your viewpoint, the helmsman. It summarizes what each may, must, or cannot do. Armed with this information you will have the confidence to exploit your rights to the full, on the water and in the protest room. It features a special analysis of the latest rule changes and has been extended to contain the very latest Rules and Appendices in full. Introduction.

1. The Basics.
2. Before the Preparatory Signal.
3. In the Preparatory Period.
4. The Start.
5. The Gate Start.
6. On the Beat.
7. Rounding the Windward Mark.
8. On the Reach.
9. Rounding the Wing Mark.
10. Rounding the Leeward Mark from the Reach.
11. On the Run.
12. Rounding the leeward mark from the Run.
13. The Finish.
14. Means of Propulsion.
15. Taking a Penalty.
16. Protesting.
17. Requesting Redress & Appealing.

The Racing Rules of Sailing for 2005-2008.

Introduction.

Basic principle.

Part 1. Fundamental Rules.

Part 2. When Boats Meet.

Part 3. Conduct of a Race.

Part 4. Other Requirements When Racing.

Part 5. Protests, Redress, Hearings, Misconduct & Appeals.

Part 6. Entry and Qualification.

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Appendices.

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标签

评论

不错的书，在各种状况下的规则解释，同时也解释了可能采取的战术动作。读完了，很多细节很好，比如何时可以luff到高于正当航线的解释，非常的细致，如何去拜托一个规则，从而适用一个对自己更有利的规则，等等等等。很多事战术层面非常聪明的

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书评

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