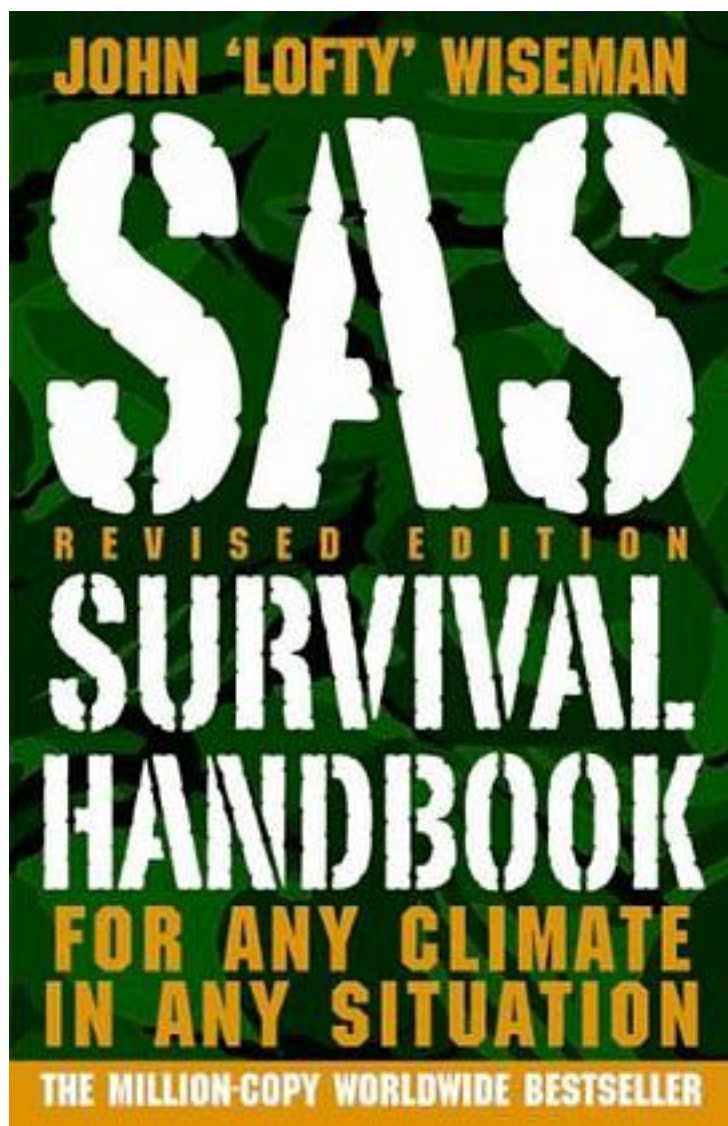


# SAS Survival Handbook, Revised Edition



[SAS Survival Handbook, Revised Edition\\_ 下载链接1](#)

著者:John 'Lofty' Wiseman

出版者:William Morrow Paperbacks

出版时间:2009-3-3

装帧:Paperback

isbn:9780061733192

For Any Climate, in Any Situation Newly updated to reflect the latest in survival knowledge and technology, the internationally bestselling SAS Survival Handbook is the definitive resource for all campers, hikers, and outdoor adventurers. From basic campcraft and navigation to fear management and strategies for coping with any type of disaster, this complete course includes: Being prepared: Understanding basic survival needs and preparing essentials, such as a pocket survival kit. Making camp: Finding the best location, constructing the appropriate shelter, organizing camp, and creating tools. Food: What to eat, what to avoid, where to find it, and how to prepare it. First aid: A comprehensive course in emergency/wilderness medicine, including how to maximize survival in any climate or when injured. Disaster survival: How to react in the face of increasingly frequent natural disasters and hostile situations—and how to survive at home if all services and supplies are cut off.

作者介绍:

目录:

[SAS Survival Handbook, Revised Edition\\_ 下载链接1](#)

标签

英文原版

生存

评论

-----  
[SAS Survival Handbook, Revised Edition\\_ 下载链接1](#)

书评

-----  
[SAS Survival Handbook, Revised Edition\\_下载链接1](#)