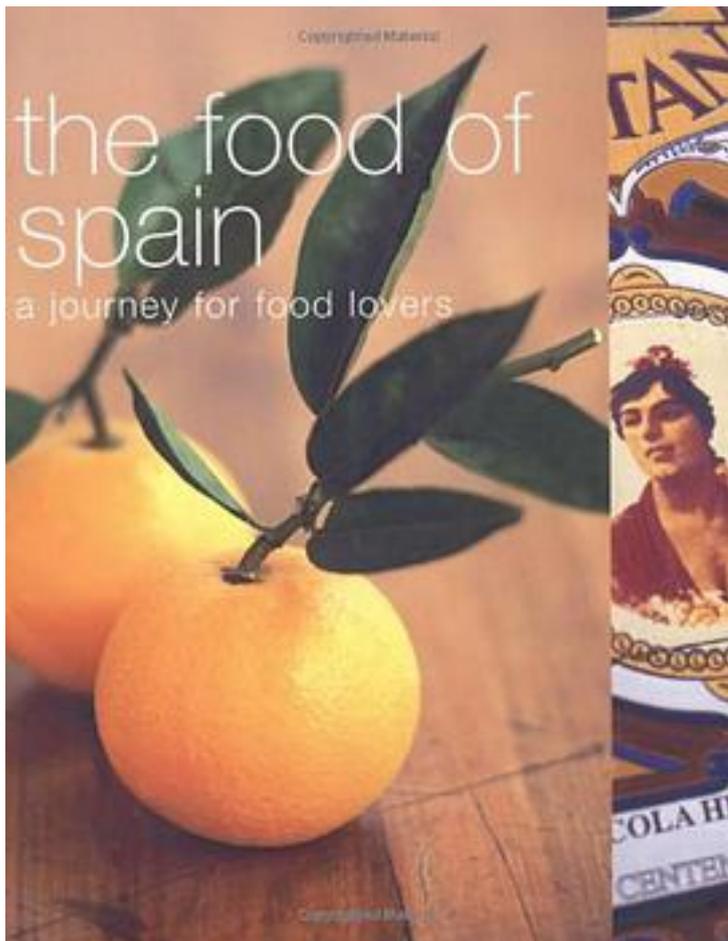


The Food of Spain



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出版者:

出版时间:2008-6

装帧:

isbn:9781741960358

"The Food of Spain" gives you the real taste of a country that has an intense passion for its food, wine and time-honoured culinary traditions. Join our journey from the tapas bars of Madrid to the home kitchens of Granada, through to the markets of Barcelona,

and the fine-cuisine restaurants of San Sebastian, and discover the food that defines today's Spanish cooking: garlic mushrooms and chorizo with cider, a saffron-infused seafood paella, or deliciously rich crema catalana. Each recipe is photographed as it is made, and is accompanied by useful hints and ingredients. Beautiful photographs shot in Spain show how to choose the best produce: from market-fresh Mediterranean vegetables and seafood, to meats and a wealth of herbs, spices and condiments. To partner the recipes, there are special features on many of the food ideas that encompass the Spanish way of life. A glossary helps you identify and source your ingredients and offers helpful tips on substitution.

作者介绍:

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