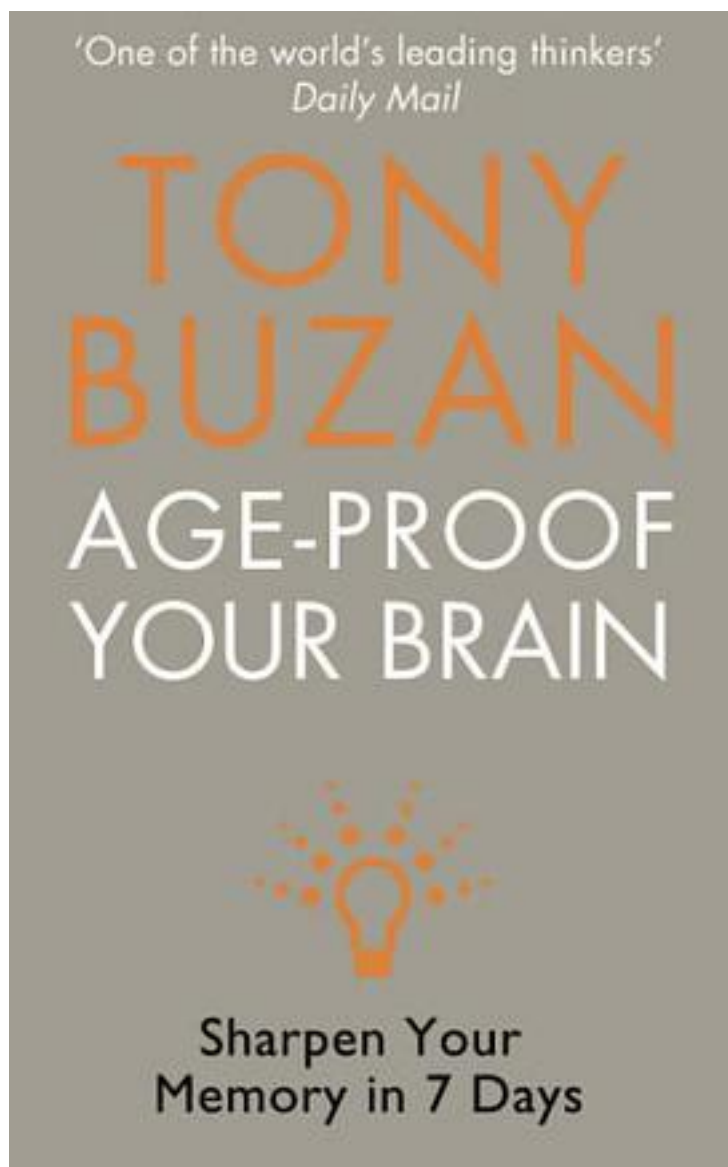


Age-proof Your Brain



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著者:Buzan, Tony

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'Age-proof Your Brain', by multi-million copy bestselling author Tony Buzan, offers revolutionary new techniques to help you develop and maintain the agility of your mind. Packed with quick exercises, brain tools and fascinating facts, you can start to think quicker and remember things more easily in as little as 7 days. Bestselling author Tony Buzan is back with a brilliant new book that offers simple and effective techniques to help you boost your memory and maximize your brain power in as little as a week. Full of fun and practical exercises, information bites and expert advice on nutrition and supplements, this book will change the way you think, forever! / Improve memory and concentration / Remember facts and figures with ease / Understand concepts and think laterally / Unlock the imagination / Achieve more in less time

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