

A LITTLE TASTE OF CHINA



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An inviting cookery journey, this book gives readers an insight into the art of cooking authentic Chinese dishes. There are wotfuls of recipes and stories from a country that boasts one of the world's great cuisines. All recipes are prepared in the traditional Chinese style and photographed as they are made. Images of China, shot on location, capture the essence of Chinese culture. The book includes 100 authentic recipes photographed as they are prepared in the kitchen including well-known favourites such as sweet-and-sour pork, lemon chicken and spring rolls and traditional regional fare such as Mongolian hotpot, Shanghai-style five-willow fish and Yangzhou fried rice with prawns. There are special sections on food for banquets and festival as well as popular dishes served in restaurants, tea houses and market stalls.

作者介绍:

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