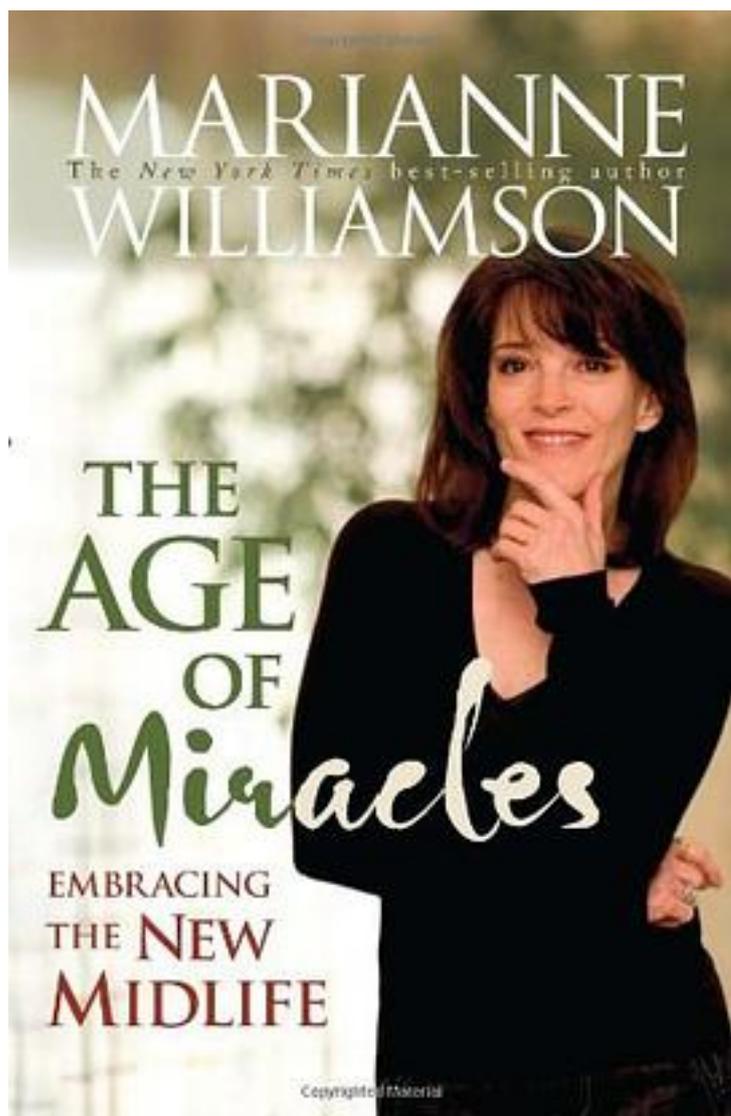


Age of Miracles



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著者:Marianne Williamson

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The need for change as we get older--an emotional pressure for one phase of our lives to transition into another--is a human phenomenon, neither male nor female. There simply comes a time in our lives--not fundamentally different from the way puberty separates childhood from adulthood--when it's time for one part of ourselves to die and for something new to be born. The purpose of this book by best-selling author and lecturer Marianne Williamson is to psychologically and spiritually reframe this transition so that it leads to a wonderful sense of joy and awakening. In our ability to rethink our lives lies our greatest power to change them. What we have called "middle age" need not be seen as a turning point toward death. It can be viewed as a magical turning point toward life as we've never known it, if we allow ourselves the power of an independent imagination--thought-forms that don't flow in a perfunctory manner from ancient assumptions merely handed down to us, but rather flower into new archetypal images of a humanity just getting started at 45 or 50. What we've learned by that time, from both our failures as well as our successes, tends to have humbled us into purity. When we were young, we had energy but we were clueless about what to do with it. Today, we have less energy, perhaps, but we have far more understanding of what each breath of life is for. And now at last, we have a destiny to fulfill--not a destiny of a life that's simply over, but rather a destiny of a life that is finally truly lived. Midlife is not a crisis; it's a time of rebirth. It's not a time to accept your death; it's a time to accept your "life"--and to finally, truly live it, as you and you alone know deep in your heart it was meant to be lived.

作者介绍:

玛丽安·威廉森国际知名作家、纽约时报畅销书作家、演说家，在已出版的《爱的回归》等八本书中，有四本均高居纽约时报畅销榜第一名，尤以《爱的回归》最负盛名。1978年她开始学习“奇迹课程”，1983年展开专业演说生涯，至今仍是教授“奇迹课程”最知名的老师。1989年成立“天使食物计划”，提供洛杉矶地区艾滋病患的非营利餐车服务，亦是和平联盟创办人之一。玛丽安·威廉森在好莱坞圈中也享有盛名，多位明星如1987年奥斯卡最佳女主角雪儿以及拉奎尔·威尔奇等都参加过她的演讲，曾担任美国第一夫人的顾问。

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